

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	9:30am Light exercise 10:30am Bingo 1:30pm walking with Physio 3pm Music therapy	9:30am Light exercise 10:30am Flower arranging 3pm Garden club	9:30am Hand exercise 10am Food Focus 11:30am exercise with physio	9:30am Nature Walk	9:30am Nature Walk 3pm Music therapy	
7	8	9	10	11	12	13
	9:30am Light exercise 10:30am Bingo 1:30pm walking with Physio 3pm Music therapy	9:30am Light exercise 3pm Garden club	10am Amazing Animals 11:30am exercise with physio 1:45pm Afternoon Mocktails 3pm Relaxing Music	9:30am Nature Walk	9:30am Nature Walk 3pm Music therapy	
14	15	16	17	18	19	20
	9:30am Light exercise 10:30am Bingo 1:30pm walking with Physio 3pm Music therapy	9:30am Light exercise 3pm Garden club	9:30am Hand exercise 11:30am exercise with physio	9:30am Nature Walk	9:30am Nature Walk 3pm Music therapy	
21	22	23	24	25	26	27
	9:30am Light exercise 10:30am Bingo 1:30pm walking with Physio 3pm Music therapy	9:30am Light exercise 3pm Garden club	9:30am Hand exercise 11:30am exercise with physio	9:30am Nature Walk 1:30pm Resident's Advisory committee	9:30am Nature Walk 3pm Music therapy	
28	29	30				
	9:30am Light exercise 10:30am Bingo 1:30pm walking with Physio 3pm Music therapy	9:30am Light exercise 3pm Garden club				