

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1 February</b> 9.30am Zumba Exercises 10.00am Tea & Chat <b>10.45am Monday Glee Club</b> 11.00am Bocce <b>2.00pm Musical Cats Andrew Lloyd Webber</b> 2.00pm Bridge Level 1 Library 2.15pm 1:1 on the Levels	<b>2 February</b> 9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Music Therapy SCS <b>10.45am Plaster Paris Making</b> 1.00pm Swimming 100pm Meditation & Yoga 2.00pm Happy Hour & Pamper 2.00pm Movie Red Dog	 <b>6</b> 9.30am Gentle Exercises 10.00am Tea & Chat <b>10.30am Entertainment by Han's</b> 11.15am Gardening 2.00pm Movie Crackerjack 2.00pm 1:1 on the Levels Online Shopping / Library	<b>31 December New Years Eve</b> 9.30am Gentle Exercises <b>10.00am High Tea</b> 11.00am Quoits or Quiz <b>1.30pm Happy Hour &amp; entertainment by Daryl</b> 3.00pm Karaoke with Tash & Karen	<b>1 New Years Day</b> 9.30am Gentle Exercises 10.00am Tea & Chat <b>10.45am Putt Putt Golf/Walks</b> 2.00pm Musical in Reflections Michael Buble & Leonard Cohen 1970 2.00pm Wine & Cheese in Retreat and Garden	<b>2</b> 9.30am Exercises Meditation <b>10.00am Tea &amp; Chat</b> 10.45am Scattergories 10.45am Ball Activities <b>1.30pm Movie The Catherine Cookson Vol4 Disc 4 The Moth</b> 2.00pm 1:1 on the Levels	<b>3</b> 9.30am Zumba Exercises <b>10.00am Tea &amp; Chat</b> 10.00am Catholic Church 11.00am Words within a Word & Find A Word 2.00pm Movie: A Knight's Tale Heath Ledger
<b>4</b> 9.30am Zumba Exercises 10.00am Tea & Chat 10.45am Monday Glee Club 11.00am Bocce <b>2.00pm Musical Andre Rieu New Years</b> 2.00pm Bridge Level 1 Library 2.15pm 1:1 on the Levels	<b>5 Staff Meeting</b> 9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Music Therapy SCS <b>10.45amBingo,Cards&amp; Board</b> 1.00pm Swimming 100pm Meditation & Yoga 2.00pm Happy Hour & Pamper 2.00pm Entertainment Daryl	<b>6</b> 9.30am Gentle Exercises 10.00am Tea & Chat <b>10.30am Entertainment by Han's</b> 11.15am Gardening 2.00pm Movie Crackerjack 2.00pm 1:1 on the Levels Online Shopping / Library	<b>7</b> 9.30am Gentle Exercises <b>10.00am Tea &amp; Chat</b> <b>10,30am Art Therapist</b> 11.00am Quoits or Quiz <b>1.00pm Swimming</b> 2.00pm Ten Pin Bowling 2.30pm Art with Karen F 3.00pm Aft'n Tea on Balconies	<b>8 Elvis Presley's Bday</b> 9.30am Gentle Exercises 10.00am Tea & Chat <b>10.45am Putt Putt Golf</b> <b>10.45am Exercise Walk</b> 2.00pm Wine and Cheese Retreat & Garden 2.00pm Movie Chances Are 2.30pm Men's Shed	<b>9</b> 9.30am Exercises Meditation <b>10.00am Tea &amp; Chat</b> 10.45am Quiz Games 10.45am Ball Activities <b>1.30pm Movie The Catherine Cookson Vol4 Disc 5 The Round Tower</b> 2.00pm 1:1 on the Levels	<b>10</b> 9.30am Zumba Exercises <b>10.00am Tea &amp; Chat</b> 10.00am Catholic Church 11.00am Words within a Word & Find A Word 2.00pm Movie:Love Actually Hugh Grant Emma Thompson
<b>11</b> 9.30am Zumba Exercises 10.00am Tea & Chat <b>10.45am Monday Glee Club</b> 11.00am Bocce <b>2.00pm Musical Reflections Sole Mio</b> 2.00pm Bridge Level 1 Library 2.15pm 1:1 on the Levels	<b>12</b> 9.30am Gentle Exercises 10.00am Tea & Chat <b>10.45am Bingo, Board Games</b> 1.00pm Swimming 1.00pm Meditation & Yoga 2.00pm Happy Hour & Pamper Entertainment by Daryl	<b>13</b> 9.30am Gentle Exercises 10.00am Tea & Chat <b>10.00am Italian Luncheon</b> 11.00am Find a Word & Quiz 11.00am Gardening 2.00pm Entertainment by Roz Reflections & 1:1 on the Level Online Shopping	<b>14</b> 9.30am Gentle Exercises <b>10.00am High Tea</b> 11.00am Market Day 11.00am Quoits or Quiz <b>1.00pm Swimming</b> 2.00pm Ten Pin Bowling 2.30pm Art with Karen F 3.00pm Aft'n Tea on Balconies	<b>15</b> 9.30am Gentle Exercises 10.00am Tea & Chat <b>10.45am Putt Putt Golf</b> <b>10.45am Exercise Walk</b> 2.00pm Wine and Cheese 2.00pm Movie The Proposal Sandra Bullock 2.30pm Men's Shed	<b>16</b> 9.30am Exercises Meditation <b>10.00am Tea &amp; Chat</b> 10.45am Scattergories 10.45am Ball Activities <b>1.30pm Movie The Catherine Cookson Vol 5 Disc 1 The Mallen Streak</b> 2.00pm 1:1 on the Levels	<b>17</b> 9.30am Zumba Exercises <b>10.00am Tea &amp; Chat</b> 10.00am Catholic Church 11.00am Words within a Word & Find A Word 2.00pm Movie: Guys and Dolls Jean Simmons Frank Sinatra
<b>18</b> 9.30am Zumba Exercises 10.00am Tea & Chat <b>10.45am Monday Glee Club</b> 11.00am Bocce 1.00pm Ice Cream Cart 2.00pmMusical Joseph & the Amazing Technicolor Dreamcoat 2.00pm Bridge Level 1 & 1:1	<b>19 In't Flower Day</b> 9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Music Therapy SCS <b>10.45am Soap Making</b> 1.00pm Swimming 100pm Meditation & Yoga 2.00pm Happy Hour & Pamper Entertainment by Daryl	<b>20</b> 9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Word Within a Word <b>10.45am Ecumenical Service</b> 11.00am Gardening <b>11.45am Sea Grill Luncheon</b> 2.00pm Movie Mamma Mia 2.30pm 1:1 on the Levels Online Shopping	<b>21</b> 9.30am Gentle Exercises 10.00am Tea & Chat <b>10,30am Art Therapist</b> <b>10.45am Catholic Church</b> 11.00am Quoits, or Quiz <b>1.00pm Swimming</b> 2.00pm Ten Pin Bowling 2.30pm Art with Karen F 3.00pm Aft'n Tea on Balconies	<b>22</b> 9.30am Gentle Exercises 10.00am Tea & Chat <b>10.45am Putt Putt Golf</b> <b>10.45am Exercise Walk</b> 2.00pm Wine and Cheese Retreat & Garden 2.00pm Movie America's Sweethearts Billy Crystal 2.30pm Men's Shed	<b>23</b> 9.30am Exercises Meditation <b>10.00am Tea &amp; Chat</b> 10.45am Quiz Games 10.45am Ball Activities <b>1.30pm Movie The Catherine Cookson Vol 5 Disc 2 The Mallen Girls</b> 2.00pm 1:1 on the Levels	<b>24</b> 9.30am Zumba Exercises <b>10.00am Tea &amp; Chat</b> 10.00am Catholic Church 11.00am Words within a Word & Find A Word 2.00pm Movie: The Blind Side Sandra Bullock
<b>25</b> 9.30am Zumba Exercises 10.00am Tea & Chat <b>10.45am Monday Glee Club</b> 11.00am Bocce 12.00pm BBQ lunch 2.00pm Set up Animal Baby Farm they start at 2.30pm To 4.00pm.	<b>26 Australia Day</b> 9.30am Gentle Exercises 10.00am Tea & Chat <b>10.45amThong&amp;PaperThrowin</b> 1.00pm Swimming 100pm Meditation & Yoga <b>1,30pm Movie Australia</b> 2.00pm Happy Hour & Pamper In Retreat & Garden	<b>27</b> 9.30am Gentle Exercises 10.00am Tea & Chat <b>10.30am Residents Meeting</b> 11.15am Quiz / Gardening 2.00pm Entertainment by Roz In Reflections 2.30pm 1:1 on the Levels Online Shopping	<b>28</b> 9.30am Gentle Exercises <b>10.00am High Tea</b> 11.00am Quoits or Quiz 11am Market Day <b>1.00pm Swimming</b> 2.00pm Ten Pin Bowling 2.30pm Art with Karen F 3.00pm Aft'n Tea on Balconies	<b>29</b> 9.30am Gentle Exercises 10.00am Tea & Chat <b>10.45am Putt Putt Golf</b> <b>10.45am Exercise Walk</b> 2.00pm Wine and Cheese 2.00pm Movie Once Upon A Time In The West 2.30pm Men's Shed	<b>30</b> 9.30am Exercises Meditation <b>10.00am Tea &amp; Chat</b> 10.45am Scattergories 10.45am Ball Activities <b>1.30pm MovieThe Catherine Cookson Vol 5 Disc 3 The Mallen Secret</b> 2.00pm 1:1 on the Levels	<b>31</b> 9.30am Zumba Exercises <b>10.00am Tea &amp; Chat</b> 10.00am Catholic Church 11.00am Words within a Word & Find A Word 2.00pm Movie: Death at a Funeral