

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
BIRTHDAYS Sunday 24th—Margaret				10:45am -Exercise 1pm Movie time!!	11:30am Exercise in Terrace 12:30pm Board games	11am Songs of Praise 11:30am Exercise in Terrace 12:30pm Pamper time
4	5	6 Hair Dresser Visit	7	8	9	10
10:45am Exercise 1pm Friendship group	10:45am -Exercise 1pm Flower Arranging	10:45am Exercise 2pm Mobile Ice cream cart	10:45am Exercise 1pm Painting with Nature	10:45am Exercise 1pm individual visits	11:30am Exercise in Terrace 12:30pm Old time sing-a-long Karaoke	11am Songs of Praise 11:30am Exercise in Terrace 12:30pm Sunshine therapy
11	12	13	14	15	16	17
10:45am Exercise 1pm Friendship group	10:45am Exercise 1pm Australia day Art	10am Community Culture Morning tea—ITALIAN 10:45am Exercise 2pm Arm chair travels—ITALY	10:45am Exercise 1pm Pamper time	10:45am Exercise 1pm Cookie Icing	11:30am Exercise in Terrace 12:30pm Movie time—Breakfast at Tiffany's	11am Songs of Praise 11:30am Exercise in Terrace 12:30pm Hand massages
18	19	20 Hair Dresser Visit	21	22	23	24
10:45am Exercise 1pm Friendship group	10:45am - Exercise 10:30am Catholic Mass (Cove dining area) 1pm Ten pin bowling	10:45am Exercise 2pm Mobile Ice cream Cart	10:45am Exercise 1pm Australia day craft	10:45am Exercise 1pm Individual visits	11:30am Exercise in Terrace 12:30pm Making music (playing instruments)	11am Songs of Praise 11:30am Exercise in Terrace 12:30pm Walking group
25	26 Australia Day	27	28	29	30	31
10:30am Flute in the halls with Nathaniel 1pm Friendship group	10:45am - Exercise 1pm Movie time - AUSTRALIA	10:45am Exercise 2pm Mobile Ice cream cart	10:45am Exercise 1pm Hand massages	10:45am Exercise 1pm Movie time!	11:30am Exercise in Terrace 12:pm Puzzle time!	11am Songs of Praise 11:30am Exercise in Terrace 12:30pm Walking group

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 NEW YEARS DAY	2	3
BIRTHDAYS Mon 11th—Les				9:45am -Exercise in Cove 10:30am Individual visits 12pm Happy hour	10:15am Exercise in Deck 1:30pm Relaxation Music hour	10:15am Exercise in Cove 11am Songs of Praise 11am Pamper time
4	5	6 Hair Dresser Visit	7	8	9	10
9:45am Exercise in Cove 10:30am Bingo 2pm Friendship group - Coffee Nook	9:45am Exercise in Deck 10:30am Australia Day Art 2pm Individual Visits	9:45am Exercise in Cove 10:30am Reminiscing—Scents from Childhood 2pm Concert with Colleen	9:45am Exercise in Deck 10:30am Mother Duck Visit 2pm Flower arranging	9:45am Exercise in Cove 10:30am Puzzle time! 12pm Happy Hour	10:15am Exercise in Deck 1:30pm Board games	10:15am Exercise in Cove 11am Songs of Praise 11am Sunshine therapy
11	12	13	14	15	16	17
9:45am Exercise In Cove 10:30am Bingo 2pm Friendship group -Deck courtyard	9:45am Exercise in Deck 10:30am Painting with Nature 2pm Coffee Catch up	9:45am Exercise in Cove 10am Community Culture Morning tea—ITALIAN 2pm Movie time	9:45am Exercise in Deck 10:30am Card Games 2pm Gardening Club	9:45am Exercise in Cove 10:30 Resident and Relative Meeting 10:30am Arm Chair Travels—ITALY 12pm Happy hour	10:15am Exercise in Deck 1:30pm Breakfast at Tiffany's Movie	10:15am Exercise in Cove 11am Songs of Praise 11am Hand massages
18	19	20 Hair Dresser Visit	21	22	23	24
9:45am Exercise in Cove 10:30am Bingo 2pm Friendship group—Coffee Nook	9:45am Exercise in Deck 10:30am Catholic Mass 2pm Gardening Club	9:45am Exercise in Cove 10:30am Music Hour 2pm Mobile Ice cream Cart	9:45am Exercise in Deck 10:00am Piano with Riho 2pm Golden Karaoke	9:45am Exercise in Cove 10:30am Carina Leagues club outing 12pm Individual visits	10:15am Exercise in Deck 11am Gumtree Greyhound Visit!! 1:30pm Lets Sing old time Karaoke	10:15am Exercise in Cove 11am Songs of Praise 11am Walking group
25	26 Australia Day	27	28	29	30	31
9:45am Exercise in Cove 10:30am Bingo 2pm Friendship group—Cove Courtyard	9:45am Exercise in Deck 10:30am Australian Day celebrations 2pm Individual Visits	9:45am Exercise in Cove 10:30am Concert With Terry Stewart 2pm Mobile Ice cream cart	9:45am Exercise in Deck 10:00am Piano with Riho 2pm Movie Time—The Castle!	9:45am Exercise in Cove 10:30am Individual visits 12pm Happy hour	10:15am Exercise in Deck 1:30pm Puzzle time!	10:15am Exercise in Cove 11am Songs of Praise 11am Walking group