

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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9:30am Exercises 10:30am Christmas Decorating Begins! 1:30pm Social Visits	HAPPY 4th Colin M (J) 8th Dot G (G) 14th Ivan I (J) 15th Leigh M (G)	BIRTHDAY 18th Mirabelle H (B) 26th Fran C (J) 28th Helen G (J) 29th Shirley P (W) 30th Colleen B (B)	Please Note: Remembrance Day Service at this stage is planned for outside, family are welcome.			10:30am Craft Suncatcher Hearts Social Visits
2	3 Melbourne Cup	4	5	6	7	8
9:30am Exercises 10:30am Fascinator Prep 1:30pm Pamper Time	10:00am Melbourne Cup Fun in Outdoor Area 12:00pm Chicken & Champagne Lunch in Rose Room Watch the Race!	9:30am Exercises 10:00am Meet The Joan's Morning Tea in Victoria Room 10:30am Around Oz Quiz	9:30am Chair Chi 10:30am Dance Morning with Lionel & Joy TBC 1:30pm Jolly Trolley (M) 2:30pm Jolly Trolley (G)	9:30am Exercises (J) 10:30am Bingo 2:30pm Happy Hour	10:30am What If....? Social Visits	10:30am Word Games Social Visits
9	10	11 Remembrance Day	12	13	14	15
9:30am Exercises 10:30am Learn more about the Redlands 1:30pm Movie - Ride Like a Girl	9:30am Exercises with Jo 10:00am Social Tuesday 10:30am Music Therapy 11:10am Music Therapy 1:30pm Bingo Social Visits	9:30am Exercises 10:30am Rem Day Service followed by War Time Sing-a-Long BBQ Lunch	9:30am Chair Chi 10:15am Nathaniel (J) 10:45am Nathaniel (M) 11:15am Nathaniel (G) 2:00pm Advance Exercise	9:30am Exercises (M) 10:30am Bingo 2:30pm Happy Hour with Mike	10:30am Word Games Social Visits	10:30am YouTube Favourites Social Visits
16	17	18	19	20	21	22
9:30am Exercises 10:00am Leighs 60th Birthday & November Birthday party 1:30pm Social Visits	9:30am Exercises with Jo 10:00am Social Tuesday 10:00am Catholic Prayer 10:30am Music Therapy 11:10am Music Therapy 1:30pm Bingo	9:30am Exercises 10:30am Resident & Food Focus Meeting 11:00am Who Am I Game	9:30am Chair Chi 10:30am Entertainment by Tamsin TBC 1:30pm Jolly Trolley (J) 2:30pm Jolly Trolley (B)	9:30am Exercises (B) 10:30am Bingo 2:30pm Happy Hour	10:30am Book Club Social Visits	10:30am Word Games Social Visits
23	24	25	26	27	28	29
9:30am Exercises 10:30am Butterfly Ladies play their Ukeleles 1:30pm Ice Cream Trolley	9:30am Exercises with Jo 10:00am Social Tuesday 10:30am C'est la Vie 1:30pm Bingo Social Visits	9:30am Exercises 10:00am Gents Get Together 10:30am Christmas Craft	9:30am Chair Chi 10:30am Entertainment by In Accord 2:00pm Advanced Exercise	9:30am Exercises (G) 10:30am Bingo 2:30pm Happy Hour with Dennis	10:30am Word Games Social Visits	10:30am Christmas Craft Social Visits

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Outdoor Walks Basketball Fun Royal Military Tattoo on DVD	HAPPY BIRTHDAY! 29th Shirley P					Gentle Exercise Reminisce with Photos Social Visits
2	3 Melbourne Cup	4	5	6	7	8
Outdoor Walks Putt Putt Golf Afternoon Movie	10:00am Melbourne Cup Fun in Outdoor Area Golden Memories DVD	Outdoor Walks 10:00am Meet The Joan's Morning Tea in Victoria Room Colour in / Word search	Gentle Exercise 10:30am Dance Morning with Lionel & Joy Fiddle Box	Outdoor Walks Ten Pin Bowling Read the News	Gentle Exercise Balloon Tennis Social Visits	Outdoor Walks Sensory Time Social Visits
9	10	11 Remembrance Day	12	13	14	15
Gentle Exercise Knit & Crochet Afternoon Movie	Outdoor Walks Make a Poppy Music DVD in Lounge	Gentle Exercise 10:30am Service followed by War Time Sing-a-long Table Games	Outdoor Walks 9:45am Nathaniel performs in Lounge Area Gardening Mags	Gentle Exercise Art & Craft Card Games	Outdoor Walks Sing a Long Social Visit	Gentle Exercise Matching Game Social Visits
16	17	18	19	20	21	22
Outdoor Walks Building with Blocks Afternoon Movie	Gentle Exercise Mandala Art Music DVD in lounge	Outdoor Walks Bean bag Toss Songs on Vinyl	Gentle Exercise 10:30am Entertainment by Tamsin Chat about Mens Day!	Outdoor Walks Dennis on Keyboard Browse Magazines	Gentle Exercise Sensory - Sand & Shells Social Visits	Outdoor Walks Fun in the Garden Social Visits
23	24	25	26	27	28	29
Gentle Exercise 10:00am Butterflies perform with Ukeleles Golden Memories DVD 1:30pm Ice Cream Trolley	Outdoor Walks Reminisce Game Music DVD in lounge	Gentle Exercise Golden Memories DVD Card Games	Outdoor Walks 10:30am Entertainment by In Accord Dominoes	Gentle Exercise Hi Tea outside / Reminisce Read the News	Outdoor Walks Poems & Rhymes Social Visits	Gentle Exercise Indoor Games Social Visits