

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31 August	1 Nat'l Stroke Week	2	3	4	5	6 Father's Day
9.30am Zumba Exercises 10.00am Tea & Chat 10.45am Resident Sing Along 11.00am Bocce 2.00pm Musical - Johnny Cash Live in Denmark 2.00pm Bridge - Level 1	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Exercise Walks 10.45am Board Games 1.00pm Swimming 2.00pm Wine, Cheese & Pamper 2.00pm Yoga & Meditation	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Market Day 11.00am Gardening 11.15am Find a Word & Quiz 2.00pm Happy Hour with Roz - Pending Online Shopping	9.30am Gentle Exercises 10.00am High Tea - Courtyard 10.30am Han's Entertainer in Court yard - Pending 1.00pm Swimming 2.00pm Ten Pin Bowling 2.00pm Afternoon Tea on the Balconies	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Putt Putt Golf 10.45am Exercise Walk 2.30pm National Geographic - Real Secrets Hidden In Antarctica 2.30pm 1:1 on Levels	9.30am Breathing Exercises & Meditation 10.00am Tea & Chat 10.45am Quiz Games 10.45am Ball Activities 2.00pm Movie - Downton Abby 2.00pm Bingo	9.30am Zumba Exercises 10.00am Tea & Chat 10.00am Catholic Church 11.00am Words within a Word & Find A Word 2.00pm Movie - Courage Under Fire - Meg Ryan & Denzel Washington
7	8 Tea & Chat Lvl 1	9	10 R U OK? Day	11	12 Choc Milkshake Day	13
9.30am Zumba Exercises 10.00am Tea & Chat 10.45am Resident Sing Along 11.00am Bocce 1.00pm Ice Cream Cart 2.00pm Musical - Dolly Parton & Friends 2.00pm Bridge - Level 1	9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Music Therapy SCS 10.30am Exercise Walks 10.45am Board Games 1.00pm Swimming 2.00pm Wine, Cheese & Pamper	9.30am Gentle Exercises 10.00am Tea & Chat 11.00am Find a Word & Quiz 11.15am Gardening 2.30pm Happy Hour Jim & Cliff Entertainers - Pending Online Shopping	9.30am Gentle Exercises 10.00am Morning Tea & Chat 10.30am Art Therapist 10.45am Table Games 10.45am Gardening 1.00pm Swimming 2.00pm Ten Pin Bowling 2.00pm Afternoon Tea on the Balconies	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Putt Putt Golf 10.45am Exercise Walk 2.30pm Arm Chair Travel to Brazil 2.30pm 1:1 on Levels 2.30pm Men's Shed	9.30am Breathing Exercises & Meditation 10.00am Tea & Chat 10.45am Scattergories 10.45am Ball Activities 2.00pm Movie - To The Manor Born 2.00pm Bingo	9.30am Zumba Exercises 10.00am Tea & Chat 10.00am Catholic Church 11.00am Words within a Word & Find A Word 2.00pm Movie- Midnight in Paris - Kathy Bates, Michael Sheen & Owen Wilson
14	15 Tea & Chat Lvl 2	16	17	18	19	20
9.30am Zumba Exercises 10.00am Tea & Chat 10.45am Resident Sing Along 11.00am Bocce 2.00pm Musical - Andre Rieu Live in Maastricht 2.00pm Bridge - Level 1	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Exercises Walk 10.45am Board Games 1.00pm Swimming 2.00pm Wine, Cheese & Pamper 2.00pm Yoga & Meditation	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Ecumenical Church 10.45am Market Day 11.00am Gardening 11.15am Find a Word & Quiz 2.00pm Happy Hour with Roz Online Shopping /Library Book	9.30am Gentle Exercises 10.00am High Tea in Piazza 11.00am Catholic Service 11.00am Quits 1.00pm Swimming 2.00pm Ten Pin Bowling 2.00pm Afternoon Tea on the Balconies	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Putt Putt Golf 10.45am Exercise Walk 2.30pm National Geographic - The Great Pyramid of Egypt 2.30pm 1:1 on Levels	9.30am Breathing Exercises & Meditation 10.00am Tea & Chat 10.45am Quiz Games 10.45am Ball Activities 2.00pm Movie - Downton Abby 2.00pm Bingo	9.30am Zumba Exercises 10.00am Tea & Chat 10.00am Catholic Church 11.00am Words within a Word & Find A Word 2.00pm Movie- A Passage to India - Judy Davis & James Fox
21 Gratitude Day	22 Tea & Chat Lvl 3	23 Dementia Week	24	25	26 AFL Grand Final	27
9.30am Zumba Exercises 10.00am Tea & Chat 10.45am Resident Sing Along 11.00am Bocce 1.00pm Ice Cream Cart 2.00pm Musical - Elton John Part 2 2.00pm Bridge - Level 1	9.30am Gentle Exercises 10.00am Tea & Chat 10.30am Music Therapy SCS 10.30 am Exercise Walks 11.15am Board Games 1.00pm Swimming 2.00pm Wine, Cheese & Pamper	9.30am Gentle Exercises 10.00am Tea & Chat with Birthday Cake 10.30am Residents Meeting 11.15am Find a Word & Quiz 11.15am Gardening 11.45am Sea Grill Luncheon 2.00pm Happy Hour Online Shopping	9.30am Gentle Exercises 10.00am Morning Tea & Chat 10.30am Art Therapist in SCS 10.30aam Han's Entertainer in Courtyard 1.00pm Swimming 2.00pm Ten Pin Bowling 2.00pm Afternoon Tea on the Balconies	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Putt Putt Golf 10.45am Exercise Walk 2.30pm Arm Chair Travel To Japan 2.30pm 1:1 on Levels 2.30pm Men's Shed	9.30am Breathing Exercises & Meditation 10.00am Tea & Chat 10.45am Scattergories 10.45am Ball Activities 2.00pm Movie: To The Manor Born 2.00pm Bingo	9.30am Zumba Exercises 10.00am Tea & Chat 10.00am Catholic Church 11.00am Words within a Word & Find A Word 2.00pm Movie- Wuthering Heights - Timothy Dalton & Anna Calder Marshall
28	29 Tea & Chat Nudgee	30 Oktoberfest	1 October	2 October	3 October	4 October
9.30am Zumba Exercises 10.00am Tea & Chat 10.45am Resident Sing Along 11.00am Bocce 2.00pm Musical - Andre Rieu Songs from My heart 2.00pm Bridge - Level 1	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Exercises Walk 10.45am Board Games 1.00pm Swimming 2.00pm Wine, Cheese & Pamper 2.00pm Yoga & Meditation	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Market Day 11.00am Gardening 11.15am Find a Word & Quiz 2.00pm Happy Hour with Roz Online Shopping	9.30am Gentle Exercises 10.00am High Tea in Courtyard 11.00am Quits, Connect Four & Bean Bag games 1.00pm Swimming 2.00pm Ten Pin Bowling 2.00pm Afternoon Tea on the Balconies	9.30am Gentle Exercises 10.00am Tea & Chat 10.45am Putt Putt Golf 10.45am Exercise Walk 2.00pm National Geographic - Queen Elizabeth 2.30pm 1:1 on Levels	9.30am Breathing Exercises & Meditation 10.00am Tea & Chat 10.45am Quiz Games 10.45am Ball Activities 2.00pm Movie - Downton Abby 2.00pm Bingo	9.30am Zumba Exercises 10.00am Tea & Chat 10.00am Catholic Church 11.00am Words within a Word & Find A Word 2.00pm Movie - The Queen Helen Mirren