

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31					1	2
9:30am Exercises 10:30am Scattergories 1:30pm Social Visits	HAPPY BIRTHDAY! 5th Lucy C (G) 8th Thea G (G) 7th Bev A (G) 14th Maarten K (J)	16th Jack T (G) 20th Shirley L (G) 27th Janine L (G)	Note : Limited places available at the Indian Lunch on 26th August. Please RSVP to Lifestyle or reception if you wish to attend.		10:30am Word Games Individual Visits	10:30am 'Ekka' - Through the Ages Individual Visits
3	4	5	6	7	8	9
9:30am Exercises 10:30am Show Day Craft 1:30pm Pamper Time	9:30am Exercises with Jo 10:00 Social Tuesday at Cafe 10:30am Guided Painting 1:30pm BINGO!	9:30am Exercises 10:00am Tournament of the Minds	9:30am Chair Chi 10:45am Entertainment with Caroline & Lou - Rose Room 2:00pm Advanced Exercise	9:30am Exercises (G) 10:30am BINGO! 2:30pm Happy Hour	10:30am What if? ... Imagine & reminisce Individual Visits	10:30am Show Day Craft Individual Visits
10	11	12	13	14	15	16
REDLANDS SHOW DAY PUBLIC HOLIDAY 10:30am Around Oz Quiz Game	9:30am Exercises with Jo 10:00 Social Tuesday at Cafe 10:30am Sing-a-Long (B) 11:00am Crochet Club (G) 1:30pm BINGO!	9:30am Exercises 10:30am Animal Farm Visits us!	10:00am EKKA Fun-Games, Kites, Showbags & More 1:30pm Jolly Trolley (G) 2:30pm Jolly Trolley (M)	9:30am Exercises (J) 10:30am BINGO! 2.00pm Art Exhibition - Families welcome to join for wine, cheese and art	10:30am Games & Giant Crossword Individual Visits	10:30am Word Games Individual Visits
17	18	19	20	21	22	23
9:30am Exercises 10:30am Indoor Bowling 1:30pm Ice Cream Trolley Visits	9:30am Exercises with Jo 10:00 Social Tuesday at Café 10:30 Music Therapy (M) 11:00 Music Therapy (G) 1:30pm BINGO!	9:30am Exercises 10:00am Gents Get Together 10:30am Board Games	9:30am Chair Chi 10:45am Entertainment with Lachlan - Rose Room 2:00pm Advanced Exercise	9:30am Exercises (M) 10:30am BINGO! 2:30pm Happy Hour	10:30am Book Club Individual Visits	10:30am Pin Wheels Individual Visits
24	25	26	27	28	29	30
9:30am Exercises 10:00am Monthly Birthday Party 10:30am Music with the Beatles on DVD 1:30pm Social Visits	9:30am Exercises with Jo 10:00am Social Tuesday at Cafe 10:30am Arm Chair Travel to India 1:30pm BINGO!	9:30am Exercises 10:30am Sing-a-Long with Lynne (M) 11:30am Culture Lunch - Indian	9:30am Chair Chi 10:30am Resident & Staff Show 1:30pm Jolly Trolley (B) 2:30pm Jolly Trolley (J)	9:30am Exercises (B) 10:30am BINGO! 2:30pm Happy Hour	10:30am Music Quiz Individual Visits	10:30am YouTube-Playing favourite tunes Individual Visits

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Outdoor Walks Folding / Sorting Afternoon Movie					Outdoor Walks Whiteboard Drawing Individual Visits	Gentle Exercise Reminisce with Photos Individual Visits
3	4	5	6	7	8	9
Outdoor Walks Travel Magazines Afternoon Movie	Gentle Exercise Floor Games Card Games	Outdoor Walks John McSweeney in Concert DVD	Gentle Exercise 10:00am Entertainment with Caroline & Lou Hand Massages	Outdoor Walks High Tea Afternoon Movie	Gentle Exercise Sing a Long with Lynne Individual Visits	Outdoor Walks Show day Craft Individual Visits
10	11	12	13	14	15	16
REDLANDS SHOWDAY PUBLIC HOLIDAY Bats & Balloons Afternoon Movie	Outdoor Walk Picture Bingo Dominoes	Gentle Exercise 10:30am Animal Farm Visits us!	10:00am EKKA FUN with Games, Kites, Showbags More! Read the News	Gentle Exercise Let's Paint! Afternoon Movie	Outdoor Walks Percussion Play Individual Visits	Gentle Exercise Indoor Games Individual Visits
17	18	19	20	21	22	23
Outdoor Walks Mandala Art Afternoon Movie	Gentle Exercise Ten Pin Bowling Card Games	Outdoor Walks Reminisce Boxes	Gentle Exercise 10:15am Entertainment with Lachlan Hand Massages	Outdoor Walks "Make a Vision Board "- Cutting & pasting Afternoon Movie	Gentle Exercise Bats & Balloons Individual Visits	Outdoor Walks Sensory Individual Visits
24	25	26	27	28	29	30
Gentle Exercise Reminisce with Pictures Afternoon Movie	Outdoor Walks Mobile Library Visits Dominoes	Gentle Exercise Fun with Puzzles	Outdoor Walks 10:30am Resident & Staff Show Read the News	Gentle Exercise Golden Memories - Sing-a-long with instruments Afternoon Movie	Outdoor Walks Sing a Long Individual Visits	Gentle Exercise Garden Time Individual Visits