



Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	29	30	31 Portia	1	2	3	4
31	9.30am Zumba Exercises 10.amMorning Tea &Chat 10.45am Word Game 11.00am Bocce 2.00pm Musical <i>Andre Rieu and the Waltz Goes on</i>	9.30am Gentle Exercises 10am Morning Tea &Chat 10.30am Pamper & Cards 11:15am City Hall Organ Recital 1.00pm Swimming 2.30pm <i>Anita Music Concert Reflections</i>	9.30am Gentle Exercises 10amMorning Tea & Chat 10.30am Arts & Craft 11.30am Sea Grill Luncheon 2.30pm <i>Happy Hour</i>	9.30am Gentle Exercises 10amMorning Tea & Chat 10.30am Mystery Walk 1.00pm Swimming 2.00pm <i>Ten Pin Bowling</i>	9.30am Gentle Exercises 10amMorning Tea & Chat 10.30am Putt Putt Golf 11am Aqua Fitness 2.30pm <i>Pamper Afternoon Tea ,Chat & Table Games</i>	9.30am Breathing Exercises & Meditation 10amMorning Tea &Chat <i>Hye Jin Playing Violin</i> 10.30am Fact or Fiction Games 2.30pm <i>Bingo</i>	9.30am Zumba Exercises 10am Morning Tea & Chat 10.30am Eucharist Visits 11am Word Game 2pm <i>Movie On Golden Pond Katharine Hepburn Henry & Jane Fonda</i>
	5 National Smile Week	6 Staff Meeting	7 Portia	8 Smile	9	10 Zonta Girls	11
32	9.30am Zumba Exercises 10amMorning Tea & Chat 10.45am Word Game 11.00am Bocce 2.00pm Musical <i>Helmut Loth time to Swing 1</i>	9.30am Hamilton House Childcare Children 10amMorning Tea & Chat 10.30am Cards 11:15 City Hall Widdicombe&Trichotoy 1.00pm Swimming 2.00pm Table Games	9.30am Gentle Exercises 9.30amJosephina Art's 10.am Morning Tea & Chat & Cards 2.30pm <i>Happy Hour</i>	9.30am Gentle Exercises 9.30am Shopping Toombul 10amMorning Tea & Chat 10.30am Table Games 1.00pm Swimming 2.00pm <i>Ten Pin Bowling</i>	9.30am Gentle Exercises 10amMorning Tea & Chat 10.30am Putt Putt Golf 2.30pm <i>National Geographic An Eagle's Story</i>	9.30am Breathing Exercises & Meditation 10amMorning Tea &Chat 10.30am Pamper & Chat with the Zonta Ladies 2.30pm <i>Bingo</i>	9.30am Zumba Exercises 10am Morning Tea & Chat 10.00am Mass/Eucharist 11am Word Game 2pm <i>Movie The Talented Me Ripley Matt Damon Gwyneth Paltrow</i>
	12	13 Falls Meeting	14 EKKA Show Day	15	16	17	18
33	9.30am Zumba Exercises 10amMorning Tea & Chat 10.45am Word Game 11.00am Bocce 2.00pm Musical <i>Andre Rieu Roses from the South</i>	9.30am Gentle Exercises 10amMorning Tea & Chat 10.30am Pamper & Chat 11:15am City Hall Piano Duo Festival 2.30pm <i>Anita SCS</i> 1.00pm Swimming 2.00pm <i>Table Games</i>	9.30am Gentle Exercises 10amMorning Tea & Chat 10.30am Round Robin, Quoits, Basket Ball, Hit Dots, Tin Stack. 12pm <i>Sausage Sizzle</i> 1.30pm Farm Animals 3.00pm <i>Happy Hour</i>	9.30am Gentle Exercises 10amMorning Tea &Chat 10.30am Table Games 11am Catholic Church 1.00pm Swimming 2.00pm <i>Ten Pin Bowling</i>	9.30am Gentle Exercises 10amMorning Tea & Chat 10.30am Putt Putt Golf 11am Aqua Fitness 2.30pm <i>Ladies Pamper Tea & Chat</i> 2.30pm <i>Men's Shed</i>	9.30am Breathing Exercises & Meditation 10amMorning Tea &Chat 10.30am Fact or Fiction Games 2.30pm <i>Bingo</i>	9.30am Zumba Exercises 10am Morning Tea & Chat 10.30am Mass/Eucharist 11am Word Game 2pm <i>Movie Roman Holiday Audrey Hepburn Gregory Peck</i>
	19 Quality Meeting	20	21 Portia	22	23	24	25
34	9.30am Zumba Exercises 10amMorning Tea & Chat 10.45am Word Game 11.00am Bocce 2.00pm Musical <i>Helmut Loth Time to Swing 2</i>	9.30am Gentle Exercises 10amMorning Tea & Chat 10.30am Pamper & Chat 11:15 City Hall The Andrews Sisters Tribute 1.00pm Swimming 2.00pm <i>Table Games</i>	9.30am Gentle Exercises 10am Morning Tea &Chat 10.30am Italian Luncheon 10.30am Ecumenical Service / Cards 2.30pm <i>Happy Hour</i>	9.30am Gentle Exercises 9.30am Dementia Art Gallery 10am Morning Tea & Chat 10.30am Table Games 1.00pm Swimming 1.30pm <i>Shopping Toombul</i> 2.00pm <i>Ten Pin Bowling</i>	9.30am Gentle Exercises 10amMorning Tea & Chat 10.00am Seniors Fun Day in Piazza 2.30pm <i>National Geographic Wonderful World of the Octopus</i>	9.30am Breathing Exercises & Meditation 10amMorning Tea &Chat 10.30am Fact or Fiction Games 2.30pm <i>Bingo</i>	9.30am Zumba Exercises 10amMorning Tea Levels 10.30am Eucharist Visits 11.00am Word Game 2pm <i>Movie Reflections Going My Way Bing Crosby</i>
	26	27	28 Portia	29	30	31	1
35	9.30am Zumba Exercises 10amMorning Tea & Chat 10.45am Word Game 11.00am Bocce 2.00pm Musical <i>Pavarotti Forever</i>	9.30am Gentle Exercises 10amMorning Tea & Chat 10.30am Pamper & Chat 11:15am City Hall The Trespassers 1.00pm Swimming 2.30pm <i>Anita Reflections</i>	9.30am Gentle Exercises 10amMorning Tea & Chat 10.30am Residents and Families Meeting (Law) 11.30am Sea Grill Luncheon 2.30pm <i>Happy Hour</i>	9.30amGentle Exercises 10amMorning Tea&Chat 10.30am Paul Clarke Entertainer Reflections 1.00pm Swimming 2.00pm <i>Ten Pin Bowling</i>	9.30am Gentle Exercises 10amMorning Tea & Chat 10.30am Putt Putt Golf 11am Aqua Fitness 2.30pm <i>Ladies Pamper Tea & Chat</i> 2.30pm <i>Men's Shed</i>	9.30am Breathing Exercises & Meditation 10amMorning Tea &Chat 10.30am Fact or Fiction Games 2.30pm <i>Bingo</i>	9.30am Zumba Exercises 10am Morning Tea & Chat 10.30am Mass/Eucharist 11am Word Game 2pm <i>Movie</i>