



Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6	7
14	9:15 Let's Move Exercise Group Cove 10:30 Communion Service All Areas 2pm Bingo Cove	9:15 RISE & SHINE Exercises Cove 10:00 Fashion Parade Con Noi Ladies 11:00 Music Therapy Terrace 2pm Tombola Cove	9:15 Yoga & Chi Cove 10:30 Movie Morning Johnny English Comedy Pampering All Areas	9:15 Exercise Group Terrace 10:30 Monthly BBQ Concert & Happy Hour COVE	9:15 Exercise Group Terrace ZUMBA 10:30 Mother Duck Childcare Visit 11:00 Music Therapy 2:30 Ice-Cream Trolley & Movies	9:15 Exercises & Sunshine Therapy with Marilyn Colour Art All Areas	11:30 Songs Of Praise ABC2 1:1 CARE ACTIVITIES With Staff
	8	9	10	11	12	13	14 Palm Sunday
15	9:15 Let's Move Exercise Group Cove 10:30 Communion Service All Areas 2pm Bingo Cove	9:15 RISE & SHINE Exercises Cove 10:30 Citipointe Church Terrace 11:00 Music Therapy Cove 2pm Tombola Cove	9:15 Yoga & Chi Cove HAIRDRESSER VISITS Pamper & Happy Hands Massage All Areas	9:15 Exercise Group Terrace 10:30 Carina Social Outing Morning Melodies 2:30 ANZAC Legends	9:15 ZUMBA Terrace 10:30 EASTER ARTS & CRAFT 2:30 ICE CREAM TROLLEY All Areas	9:15 Exercises & Sunshine Therapy with Marilyn Ball & Quoits	11:30 Songs Of Praise ABC2 1:1 CARE ACTIVITIES With Staff
	15	16	17	18 Maundy Thursday	19 Good Friday	20	21 Easter Sunday
16	9:15 Let's Move Exercise Group Cove 10:30 Communion Service All Areas 2pm Bingo Cove	9:15 RISE & SHINE Exercises Cove 10:00 Catholic Mass with Fr Alex 11:00 Music Therapy Terrace 2pm Tombola Cove	9:15 Yoga & Chi Cove 10:30 CO AS IT Lunch Gateway Church Visits PAMPER THERAPY Happy Hands Manicures	9:15 Exercise Group Terrace 10:30 OUTING to INDISCAPES Capalaba Art & Mindfulness	PUBLIC HOLIDAY 1:1 Activities with Care staff all areas	9:15 Exercise & Sunshine Therapy with Marilyn Colour Art All Areas CREATIVE EASTER EGGS	11:30 Songs Of Praise ABC2 1:1 CARE ACTIVITIES With Staff HOT CROSS BUNS
	22 Easter Monday	23	24	25 ANZAC Day	26	27	28
17	PUBLIC HOLIDAY SUNSHINE THERAPY 1:1 Activities with Care Staff	9:15 RISE & SHINE Exercises Cove 11:00 Music Therapy Cove 2pm Tombola Cove	9:15 Yoga & Chi Cove 10:30 ANZAC DAY COMMEMORATION HAIRDRESSER VISITS Book Club HEROES	PUBLIC HOLIDAY ANZAC Stories & Colour Art with Care Staff All Areas Sausage sizzle & ANZAC Biscuits	9:15 Zumba Class Terrace 10:30 Residents & Relatives Meeting Cove 2pm Movies & Choc Tops GUNS OF NAVARONE	9:15 Exercise & Sunshine Therapy with Marilyn Ball & Quoits	11:30 Songs Of Praise ABC2 1:1 CARE ACTIVITIES With Staff
	29	30					
18	9:15 Let's Move Exercise Group Cove 10:30 Communion Service All Areas 2pm Bingo Cove	9:15 Rise & Shine Exercises Cove 11:00 Music Therapy Terrace 2pm Tombola Cove					