

Casa D'amore - Lifestyle Program

Monday 1 April 2019	
9:30	Chair Exercise - L2 MR
11:00	Scrabble - L1 DR OR Colouring L1 DR
2:00	Bingo - L1 DR
4:00	Internet Crosswords - L2 MR

Tuesday 2 April 2019	
9:30	Andrew's Chair Exercise - L2 MR
11:00	Outing: City Hall Concert
11:00	Whiteboard Quizzes - L2 MR
1:30	Circle of Men - L1 Prom
2:30	Ladies Group - L1 DR
4:00	TV Series: A Place to Call Home - L2 MR

Wednesday 3 April 2019	
9:30	Chair Exercise - L2 MR
11:00	Explore the Internet - L2 MR
2:00	Bingo - L1 DR
4:00	Bocce - L2 MR

Thursday 4 April 2019	
9:30	Andrew's Chair Exercise - L2 MR
11:00	Outing: Lunch at Special Rub
11:00	Current Affairs - L2 MR
2:00	Ten Pin Bowling - L2 MR
4:00	Animal Documentary - L2 MR

Friday 5 April 2019	
9:30	Yoga and Meditation - L2 MR
10:30	Sing-a-long with Fiona - L2 DR
2:00	Ice Cream Trolley - Visiting Rooms
4:00	TV Series: Downton Abbey - L2 MR

Saturday 6 April 2019	
9:30	Chair Exercise - L2 MR
11:00	Darts - L2 MR
1:30	Pamper Time - L3 MR

Sunday 7 April 2019	
10:00	Catholic Communion - L2 MR
1:30	Quoits - L1 TRV
3:00	Sunday Movie Session - L2 MR

Monday 8 April 2019	
9:30	Chair Exercise - L2 MR
11:00	Scrabble - L1 DR OR Colouring L1 DR
2:00	Bingo - L1 DR
4:00	Skittles - L2 MR

Tuesday 9 April 2019	
9:30	Andrew's Chair Exercise - L2 MR
11:00	Anglican Church Service - L2 MR
1:30	Circle of Men - L1 Prom
2:30	Ladies Group - L1 DR
4:00	TV Series: A Place to Call Home - L2 MR

Wednesday 10 April 2019	
9:30	Chair Exercise - L2 MR
11:00	Bingo - L1 DR
12:00	BBQ Lunch - All Floors
2:00	Concert with Nathaniel - L1 DR
4:00	Bocce - L2 MR

Thursday 11 April 2019	
9:30	Andrew's Chair Exercise - L2 MR
10:00	Outing: Carindale Shopping Centre
11:00	Trivia and Fun Facts - L2 MR
2:00	Let's Reminisce - L3 MR
4:00	Animal Documentary - L2 MR

Friday 12 April 2019	
9:30	Chair Exercise - L2 MR
11:00	Watering The Plants and Garden Walks - L3 MR
2:00	Sing-a-long with Anita - L1 DR
4:00	TV Series: Downton Abbey - L2 MR

Saturday 13 April 2019	
9:30	Chair Exercise - L2 MR
11:00	Memory Lane - L1 DR
1:30	Sing-a-long with Frances - L2 MR

Sunday 14 April 2019	
11:00	On This Day in History - L2 MR
1:30	Tea and Chat - L1 DR
3:00	Sunday Movie Session - L2 MR

Monday 15 April 2019	
9:30	Chair Exercise - L2 MR
9:30	Outing: Music and Morning Tea at Easts
11:00	Scrabble - L1 DR OR Colouring L1 DR
2:00	Bingo - L1 DR
3:30	Internet Crosswords - L2 MR

Tuesday 16 April 2019	
9:30	Andrew's Chair Exercise - L2 MR
11:00	Hoops and Buckets - L1 DR
1:30	Circle of Men - L1 Prom
2:30	Ladies Group - L1 DR
4:00	TV Series: A Place to Call Home - L2 MR

Wednesday 17 April 2019	
9:30	Chair Exercise - L2 MR
11:00	Let's Get Crafty - L3 MR
2:00	Sing-a-long with Anita - L1 DR
4:00	Bocce - L2 MR

Thursday 18 April 2019	
9:30	Andrew's Chair Exercise - L2 MR
11:00	Resident Meeting - L2 MR
2:00	Easter Farmer's Market - L1 DR
4:00	Animal Documentary - L2 MR

Friday 19 April 2019	
Good Friday	

Saturday 20 April 2019	
9:30	Chair Exercise - L2 MR
11:00	Bingo - L1 DR
1:30	History of Nursery Rhymes - L1 DR

Sunday 21 April 2019	
10:00	Catholic Communion - L2 MR
1:30	Dominos - L1 DR
3:00	Sunday Movie Session - L2 MR

Please Note: 1. All details are correct at the time of printing, 2. All scheduled programs are not on this sheet, 3. Clarify details with Lifestyle Coordinator.

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Movies / Documentaries		
7th	3:00pm	Little Women
14th	3:00pm	The Power of One
21st	3:00pm	An Officer and a Gentleman
28th	3:00pm	The DaVinci Code
5th May	3:00pm	Moonstruck
Church Services/Communion		
7th	10:00am	Catholic Communion
9th	11:00am	Anglican Church Service
21st	10:00am	Catholic Communion
5th May	10:00am	Catholic Communion
Concerts and Events		
5th	10:30am	Sing-a-long with Fiona
10th	2:00pm	Concert with Nathaniel
12th	2:00pm	Sing-a-long with Anita
13th	1:30pm	Sing-a-long with Frances
Outings		
2nd	11:00am	City Hall Concert
4th	11:00am	Lunch at Special Rub
11th	10:00am	Carindale Shopping Trip
15th	9:30am	Music & Morning Tea at Easts
23rd	11:00am	City Hall Concert
1st May	9:30am	Dendy Cinemas
<p>This year's Anzac service will be facilitated by Judith John and located on the Level 3 Balcony. Please come join us at 10.30am on Wednesday 24th April.</p>		
<p>We love to hear suggestions for outings or activities! Please feel free to drop us a line to casa.lifestyle@vacenti.com.au</p>		

Monday	22 April 2019
<h1>Easter Monday</h1>	
Tuesday	23 April 2019
9:30	Andrew's Chair Exercise - L2 MR
11:00	Outing: City Hall Concert
11:00	Whiteboard Quizzes - L2 MR
1:30	Circle of Men - L1 Prom
2:30	Ladies Group - L1 DR
4:00	TV Series: A Place to Call Home - L2 MR
Wednesday	24 April 2019
9:30	Chair Exercise - L2 MR
10:30	Anzac Day Service - L3 Balcony
2:00	Bingo - L1 DR
3:30	Bocce - L2 MR
Thursday	25 April 2019
<h1>Anzac Day</h1>	
Friday	26 April 2019
9:30	Chair Exercise - L2 MR
11:00	Book Club - L3 MR
2:00	Happy Hour with Hans - L1 DR
4:00	TV Series: Downton Abbey - L2 MR
Saturday	27 April 2019
9:30	Chair Exercise - L2 MR
11:00	Current Affairs - L1 TVR
2:00	Splinters Performance - L2 DR
Sunday	28 April 2019
11:00	Hoy - L1 DR
1:30	Pamper Time - L3 MR
3:00	Sunday Movie Session - L2 MR

Monday	29 April 2019
9:30	Chair Exercise - L2 MR
11:00	Scrabble - L1 DR OR Colouring L1 DR
2:00	Bingo - L1 DR
4:00	Internet Crosswords - L2 MR
Tuesday	30 April 2019
9:30	Andrew's Chair Exercise - L2 MR
11:00	Birthdays Celebration Morning Tea - L1 DR
1:30	Circle of Men - L1 Prom
2:30	Ladies Group - L1 DR
4:00	TV Series: A Place to Call Home - L2 MR
Wednesday	1 May 2019
9:30	Chair Exercise - L2 MR
9:30	Outing: Dendy Cinema
11:00	Let's Get Crafty - L3 MR
2:00	Bingo - L1 DR
3:30	Bocce - L2 MR
Thursday	2 May 2019
9:30	Andrew's Chair Exercise - L2 MR
11:00	Memory and Word Games - L2 MR
2:00	Arm Chair Travel - L2 MR
4:00	Animal Documentary - L2 MR
Friday	3 May 2019
9:30	Chair Exercise - L2 MR
10:30	Sing A Long with Fiona - L2 DR
2:00	Ice Cream Trolley - Visiting Rooms
4:00	TV Series: Downton Abbey - L2 MR
Saturday	4 May 2019
9:30	Chair Exercise - L2 MR
11:00	Uno - L1 DR
1:30	Sunny Short Stories - L3 Balcony
Sunday	5 May 2019
10:00	Catholic Communion - L2 MR
1:30	Seated Balloon Tennis - L2 MR
3:00	Sunday Movie Session - L2 MR

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