

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	28 Australia Day Hol.	29	30	31	1	2	3
5	9.30am Gentle Exercises 10am Morning Tea & Chat 10.15am Shopping Trolley 10.30am Bocce 2pm Nola on Piano 2.10pm Musical Andre Rieu City of my Dreams	9.30am Gentle Exercises 10am Morning Tea & Chat 10.30am Portofino Treasure Hunt 2.30pm National Geographic Artic Kingdom	9.30am Gentle Exercises 10am Morning Tea & Chat 10.30am Table Games 2.30pm Men's Shed & Wine & Cheese	9.30am Gentle Exercises 9.30am Shopping at Toombul 10am Morning Tea & Chat 10.30am Cards 2.30pm Ten Pin Bowling	9.30am Gentle Exercises 10am Morning Tea & Chat 10.30am Putt Putt Golf 2.30pm Arm Chair Travel to Japan	9.30am Breathing Exercises & Meditation 10am Morning Tea & Chat 10.30am Table Games 2.30pm Bingo	9.30am Gentle Exercises & Zumba 10am Morning Tea & Chat 10.30am Eucharist Visits 10.45am Word Game 2pm Movie: The Family Stone / Diane Keating
	4	5 Staff Meeting	6 Portia	7	8	9	10
6	9.30am Gentle Exercises 10am Morning Tea & Chat 10.15am Shopping Trolley 10.30am Bocce 2pm Nola on Piano 2.10pm Helmut Loth Time to Swing No 1	9.30am Gentle Exercises 10am Morning Tea & Chat 10.30am Cards 11.15am Lord Mayor Concert The Motown Divas of the 60's 2.30pm Ten Pin Bowling	9.30am Gentle Exercises 10am Morning Tea & Chat in the Pool Area 10.30am Pamper & Card Swimming Assessment 2.30pm Happy Hour	9.30am Gentle Exercises 10am Morning Tea & Chat 10.30am Table Games 2.30pm Movie Shenandoah James Stewart	9.30am Gentle Exercises 10am Morning Tea & Chat 10.30am Putt Putt Golf 2.30pm National Geographic Caribbean Coral Reef	9.30am Breathing Exercises & Meditation 10am Morning Tea & Chat 10.30am Chinese New Year, Lantern Making 2.30pm Bingo	9.30am Gentle Exercises & Zumba 10am Morning Tea & Chat 10.30am Eucharist Visits 10.45am Word Game 2pm Movie Then she Found Me / Bette Midler
	11 Quality Meeting	12	13 Portia Falls Meeting	14 Valentine's Day	15	16	17
7	9.30am Gentle Exercises 10am Morning Tea & Chat 10.15am Shopping Trolley 10.30am Bocce 2pm Nola on Piano 2.10pm Andre Rieu Roses from the South	9.30am Gentle Exercises 10am Morning Tea & Chat 10.30am Cards 11.15am Lord Mayor Concert Mal Wood's Bowery Hot Five Trumpeter 2.30pm Ten Pin Bowling	9.30am Gentle Exercises 9.30am Shopping Toombul 10am Morning Tea & Chat 10.30am Table Games 1.30pm Swimming 2.30pm Men's Shed Wine & Cheese	9.30am Gentle Exercises 10am Morning Tea & Chat 10.30am Table Games 2.30pm Movie Destrý Rides Again	9.30am Gentle Exercises 10am Morning Tea & Chat 10.30am Putt Putt Golf 2.30pm Arm Chair Travel to India	9.30am Breathing Exercises & Meditation 10am Morning Tea & Chat 10.30am Table Games 2.30pm Bingo	9.30am Gentle Exercises & Zumba 10am Morning Tea & Chat 10.30am Eucharist Visits 10.45am Word Game 2pm Movie Bend It Like Beckham
	18	19	20 Portia Birthday	21	22	23	24
8	9.30am Gentle Exercises 10am Morning Tea & Chat 10.15am Shopping Trolley 10.30am Bocce 2pm Nola on Piano 2.10pm Helmut Loth Time to wing No 2	9.30am Gentle Exercises 10am Morning Tea & Chat 10.30am Pamper and Chat 11.30 Fish & Chips Sea Grill 1.30pm Swimming 2.30pm Ten Pin Bowling	9.30am Gentle Exercises 10am Portia Birthday Morning Tea & Chat 10.30am Italian Luncheon 10.30am Ecumenical Church Service All Welcome 2.30pm Happy Hour	9.30am Gentle Exercises 10am Morning Tea & Chat 10.30am Table Games 11am Catholic Church 2.30pm Movie Harvey	9.30am Gentle Exercises 10am Morning Tea & Chat 10.30am Putt Putt Golf 2.30pm National Geographic The Super Snakes	9.30am Breathing Exercises & Meditation 10am Morning Tea & Chat 10.30am Word Games 2.30pm Bingo	9.30am Gentle Exercises & Zumba 10am Morning Tea & Chat 10.30am Eucharist Visits 10.45am Word Game 2pm Movie The Secret Life of Bees Jennifer Hudson
	25	26	27 Portia	28	1	2	3
9	9.30am Gentle Exercises 10am Morning Tea & Chat 10.15am Shopping Trolley 10.30am Bocce 2pm Nola on Piano 2.10pm Andre Rieu Under the Stars	9.30am Gentle Exercises 10am Morning Tea & Chat 10.30am Cards 11.15am Lord Mayor Concert The Barleysakes Celtic Iris 2.30pm Table Games	9.30am Gentle Exercises 10am Morning Tea & Chat 10.30am Residents and Families Meeting 12pm Aussie BBQ Lunch 1.30pm Swimming 2.30pm Happy Hour	9.30am Gentle Exercises 9.30am Shopping at Toombul 10am Morning Tea & Chat 10.30am Cards 2.30pm Ten Pin Bowling	9.30am Gentle Exercises 10am Morning Tea & Chat 10.30am Putt Putt Golf 2.30pm Arm Chair Travel Brazil	9.30am Breathing Exercises & Meditation 10am Morning Tea & Chat 10.30am Table Games 2.30pm Bingo	9.30am Gentle Exercises & Zumba 10am Morning Tea & Chat 10.30am Eucharist Visits 10.45am Word Game 2pm Movie