

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	31 <i>New Years Eve</i>	1 <i>New Years Day</i>	2	3	4	5	6
1		10:30am Hoy	9:30am Exercises 10:30am Res Rep Meeting (Bayview room) 10:30am Word Games 1:30pm Take Down Christmas	9:30am Chair Chi 9:30am Catholic service 10:30am Caroline and Lou 1:30pm Take Down Christmas	9:30am Exercises (J) 10.30am BINGO 2:30pm Happy Hour	10:30am Sing-a-long 1.30pm Movie: Jessica part 1	10:30am Word games 11:30am Songs of Praise
	7	8	9	10	11	12	13
2	9:30am Exercises 9:30am <i>Uniting Church (check)</i> 10:30am Indoor Bowling 1:30pm Jolly trolley (B)	9:30am Exercises with Jo 10:30am Daphne on piano 10:30am Food Focus & Residents meetings 1.30pm Bingo	9:30am Exercises 10:00am Circle of Men 10:30am Delta Dog visit 10:30am Have a go at origami	9:30am Chair Chi 10:30am Cest la Vie 1:30pm Social visits (J) 2:30pm Social visits (B)	9:30am Exercises (B) 10.30am BINGO 2:30pm Happy Hour	10:30am Word games 1:30pm: Movie: Jessica part 2	10:30am Scrabble in teams 11:30am Songs of Praise
	14	15	16	17	18	19	20
3	9:30am Exercises 10:30am Craft 1:30pm Knit & Natter (B) <i>Ice Cream - Special comes to you!</i>	9:30am Exercises with Jo 10:00am <i>Anglican Church</i> 10:30am Armchair travel 10:30am Shopping 1:30pm Jolly trolley (J) 2.30pm Social visits (G) 1.30pm Hoy	9:30am Exercises 9:30am Catholic Mass 10:00am Circle of Men 10:30am Skittles and putting	9:30am Chair Chi 10:30am Mike's Selection 1:30pm Advanced Exercise Class	9:30am Exercises (M) 10.30am BINGO 2:30pm Happy Hour	10:30am Crossword and quiz 1:30pm: Movie: The Dressmaker	10:30am Mandala art 11:30am Songs of Praise
	21	22	23	24	25	26 <i>Australia Day</i>	27
4	9:30am Exercises 10:30am Aussie Sing-a-long 1:30pm Individual Pampering (manicure)	9:30am Exercises with Jo 10:30am Matty Bateson 1:30pm Bingo 1:30pm Jolly trolley (G) 1:30pm Book club	9:30am Exercises 10:00am Circle of Men 10:30am Delta Dog visit 10:30am Kath & Kim movie with popcorn	9:30am Chair Chi 10:30am Australia Quiz Game 1:30pm Social visits (M) 2:30pm Social visits (G)	9:30am Exercises (G) 10.30am BINGO 2.30pm Aussie Happy Hour	10:30am Two-Up! 1:30pm: Movie: Mamma Mia 2	10:30am Aussie poems and ballads 11:30am Songs of Praise
	28 <i>Australia Day Hol.</i>	29	30	31	1 February	HAPPY	BIRTHDAY
5	10:30am Word games	9:30am Exercises 10:30am Outing 1:30pm Hoy	9:30am Exercises 10:00am Circle of Men 10:00am January birthday party	9:30am Chair Chi 10:30am Elvis Live 1:30pm Advanced Exercise Class		14th—Freda O 15th—Betty R 18th—Gwen H 19th—Arthur J	27th—Elisabeth de G 27th—Olivene L 30th—Elizabeth T 30th—Paul B



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	31 <i>New Years Eve</i>	1 <i>New Years Day</i>	2	3	4	5	6
1		Gentle Exercises Clothes folding Hand massages Unwind with music	Outdoor Walks 10:30am Res Rep Meeting (Bay View Room) Sensory boxes	9:30am Catholic Service 10:30am Caroline and Lou (Rose Room) Music on the turntable	Outdoor Walks Balloon fun 2.30pm Happy hour	Gentle Stretches Newspapers Movie	Outdoor Walks Water the garden 11:30am Songs of Praise
	7	8	9	10	11	12	13
2	9:30am <i>Uniting Church</i> Hands and nails	Outdoor Walks Gentle Exercises with Eileen 10:30am Daphne on piano (Gardenia) 10:30pm Food Focus & Residents meetings	10:00am Circle of Men 10:30am Delta Dog Visit Craft	Outdoor Walks 10:30am Cest la Vie (Rose Room)	Sing-along with Golden Memories Gardening	Outdoor walks Puzzles	Beauty Parlour 11:30am Songs of Praise
	14	15	16	17	18	19	20
3	Outdoor Walks Hands and nails	Gentle Exercises with Eileen 10:00am <i>Anglican Church</i> Sing-along with Golden Memories	Outdoor Walks 9:30am <i>Catholic Mass</i> 10:00am Circle of Men 2.00pm Happy hour	10:30am Mike's Selection (Rose Room) Doll therapy	Outdoor Walks Bingo	Balloons and Balls Aromatherapy	Outdoor Walks Newspapers 11:30am Songs of Praise
	21	22	23	24	25	26 <i>Australia Day</i>	27
4	Hands and nails 10:30am Aussie sing-along (Rose Room) Slim Dusty's best tunes	Outdoor Walks Gentle exercises 9:45am Matty Bateson Quoits	10:00am Circle of Men 10:30am Delta Dog Visit 10:30am Kath & Kim movie with popcorn (Rose Room)	Outdoor Walks Table games	Making pikelets 2.30pm Happy Hour (Rose Room)	Outdoor Walks Two-Up! And Aussie songs	Painting 11:30am Songs of Praise
	28 <i>Australia Day Hol.</i>	29	30	31			
5	Outdoor walks Ball games	Matching games Doll therapy	10:00am Outdoor Walks 10:00am Circle of Men	10:30am Elvis Live (Rose Room) Music on the turntable		HAPPY BIRTHDAY 27th— <i>Elisabeth de G</i>	