

**Casa D'amore - Lifestyle Program**

Monday 31 December 2018	
9:30	Chair Exercise - L2 MR
11:00	Scrabble - L1 DR
2:00	<b>End of Year Happy Hour - Dining Hall Level 1</b>

Tuesday 1 January 2019	
	

Wednesday 2 January 2019	
9:30	Chair Exercise - L2 MR
11:00	Bingo - L1 DR <b>OR</b> Book Club - L3 MR
2:00	Let's Get Crafty - L3 DR
4:00	Bocce - L2 MR

Thursday 3 January 2019	
9:30	Chair Exercise - L2 MR
11:15	<b>Outing - Camp Hill Hotel</b>
11:00	Past and Present of Brisbane - L2 MR
2:00	New Year Resolutions - L3 DR
4:00	Current affairs - L2 MR

Friday 4 January 2019	
9:30	Yoga and Meditation - L2 MR
11:00	Bingo L1 TV <b>OR</b> Garden walks
2:00	Ice Cream Trolley - Visiting Rooms
4:00	TV Series - Downtown Abbey - L2 MR

Saturday 5 January 2019	
9:30	Chair Exercise - L2 MR
11:00	Quoits - L1 TVR
1:30	Trivia - L2 TVR

Sunday 6 January 2019	
11:00	Happy Hands - L2 MR
1:30	Seated Badminton - L3 DR
3:00	Sunday movies session L2 MR

Monday 7 January 2019	
9:30	Chair Exercise - L2 MR
11:00	Scrabble - L1 DR <b>OR</b> Colouring L1 DR
2:00	Bingo - L1 DR
4:00	Skittles - L2 MR

Tuesday 8 January 2019	
9:30	Andrew's Chair Exercise - L2 MR
11:00	<b>Anglican Church Service - L2 MR</b>
1:30	Circle of Men - L1 Prom
2:30	Ladies Group - L1 DR
4:00	TV Series: A Place to Call Home - L2 MR

Wednesday 9 January 2019	
9:30	Chair Exercise - L2 MR
9:30	<b>Outing: Dendy Cinema</b>
11:00	Bingo - L1 DR
2:00	Let Reminisce - L3 MR
3:30	Bocce - L2 MR

Thursday 10 January 2019	
9:30	Andrew's Chair Exercise - L2 MR
11:00	Memory Games - L2 MR
2:00	<b>Concert with Jeff - L1 DR</b>
4:00	Current Affairs - L2 MR

Friday 11 January 2019	
9:30	Chair Exercise - L2 MR
11:00	Book Club - L3 MR <b>OR</b> Internet Games - L2 MR
2:00	Hoy - L1 DR
4:00	TV Series: Downton Abbey - L2 MR

Saturday 12 January 2019	
9:30	Chair Exercise - L2 MR
11:00	Happy hands - L2 MR
1:30	Quoits - L2 MR

Sunday 13 January 2019	
11:00	Pamper Session L2 MR
1:30	Muisc with Francis L3 MR
3:00	Sunday movies session L2 MR

Monday 14 January 2019	
9:30	Chair Exercise - L2 MR
11:00	Scrabble - L1 DR <b>OR</b> Colouring L1 DR
2:00	Bingo - L1 DR
4:00	Explore the Internet - L2 MR

Tuesday 15 January 2019	
9:30	Andrew's Chair Exercise - L2 MR
11:00	Cooking - L1 DR
1:30	Circle of Men - L1 Prom
2:30	Ladies Group - L1 DR
4:00	TV Series: A Place to Call Home - L2 MR

Wednesday 16 January 2019	
9:30	Chair Exercise - L2 MR
11:00	Let's Get Crafty - L3 DR
2:00	Bingo - L1 DR
3:30	Bocce - L2 MR

Thursday 17 January 2019	
9:30	Andrew's Chair Exercise - L2 MR
10:00	<b>Outing: Carindale Shopping Centre</b>
11:00	<b>Resident Meeting - L2 MR</b>
2:00	<b>Farmers Market - L1 DR</b>
4:00	Current Affairs - L2 MR

Friday 18 January 2019	
9:30	Chair Exercise - L2 MR
10:30	<b>Concert with Fiona - L2 DR</b>
2:00	Ice Cream Trolley - Visiting Rooms
4:00	TV Series: Downton Abbey - L2 MR

Saturday 19 January 2019	
9:30	Chair Exercise - L2 MR
11:00	Hoy- L1 DR
1:30	This Day in History - L1 TVR

Sunday 20 January 2019	
11:00	Memory Lane - L1 DR
1:30	Skittles - L2 MR
3:00	Sunday movies session - L2 MR

Movies / Documentaries		
6th	3:00	Agatha Christies - Marple
13th	3:00	The Odd Couple
20th	3:00	Slum dog Millionaire
27th	3:00	Three Coins in the Fountain
3rd	3:00	Breakfast at Tiffany's

Church Services/Communion	
8th	Anglican Church Service
24th	Catholic Church Service
1st	Catholic Communion

Concerts		
31st Dec	New Years Party and Concert	
10th	Concert	Jeff Cooper
18th	Singalong	Fiona
25th	Concert	Hans
31st Jan	Concert	Tasmin - Singing and Dancing

Outings	
3rd	Camp Hill Hotel
9th	Dendy Cinema
17th	Carindale Shopping Centre
21st	East's Leagues Club Music & Morning Tea
30th	Kangaroo Point Cliffs Café Morning Tea

## Australia Day Celebrations!

Come Join us on Thursday 24th January for an afternoon of fair dinkum fun.

12noon - BBQ Lunch

1:30pm Sheep Sheering Demonstration and Animal Farm

Friends and Family, please feel free to come along!

Please feel free to drop us a line or give us a call with any feedback or suggestions. We love to hear suggestions for outings or activities!

[casa.lifestyle@vacenti.com.au](mailto:casa.lifestyle@vacenti.com.au)

Monday	21 January 2019
9:30	Chair Exercise - L2 MR
9:30	<b>Outing: Easts Leagues Club Music &amp; Morning Tea</b>
11:00	Scrabble - L1 DR
2:00	Bingo - L1 DR
3:30	Skittles - L2 MR

Tuesday	22 January 2019
9:30	Andrew's Chair Exercise - L2 MR
11:00	Memory Games - L2 MR
1:30	Circle of Men - L1 Prom
2:30	Ladies Group - L1 DR
4:00	TV Series: A Place to Call Home - L2 MR

Wednesday	23 January 2019
9:30	Chair Exercise - L2 MR
11:00	Book Club - L3 MR <b>OR</b> Bingo L1 DR
2:00	<b>Birthday Celebration Afternoon Tea - L1 DR</b>
4:00	Bocce - L2 MR

Thursday	24 January 2019
9:30	Andrew's Chair Exercise - L2 MR
11:00	<b>Catholic Church - L2 MR</b>
12:00	<b>Australia Day BBQ - L2 DR</b>
1:30	<b>Sheep Sheering Show! - Basement Carpark</b>

Friday	25 January 2019
9:30	Chair Exercise - L2 MR
11:00	Arm Chair Travel - L2 MR
2:00	<b>Happy Hour with Hans - L1 DR</b>
4:00	TV Series: Downton Abbey - L2 MR

Saturday	26 January 2019
9:30	Chair Exercise - L2 MR
11:00	Darts - L1 TVR
1:30	Happy hands - L3 MR

Sunday	27 January 2019
11:00	knitting and natter - L1 LR
1:30	This day in History - L3 TVR
3:00	Sunday movies session - L2 MR

Monday	28 January 2019
<b>Australia Day Public Holiday</b>	

Tuesday	29 January 2019
9:30	Andrew's Chair Exercise - L2 MR
11:00	Whiteboard Quizzes - L2 MR
1:30	Circle of Men - L1 Prom
2:30	Ladies Group - L1 DR
4:00	TV Series: A Place to Call Home - L2 MR

Wednesday	30 January 2019
9:00	<b>Outing: Kangaroo Point Cliffs Café Morning Tea</b>
9:30	Chair Exercise - L2 MR
2:00	Let's Get Crafty - L3 MR
3:30	Bocce - L2 MR

Thursday	31 January 2019
9:30	Andrew's Chair Exercise - L2 MR
11:00	Balloon Tennis
2:00	<b>Concert with Tasmin - L2 DR</b>
4:00	Current Affairs - L2 MR

Friday	1 February 2019
9:30	Chair Exercise - L2 MR
10:30	<b>Sing A Long with Fiona - L2 MR</b>
2:00	Ice Cream Trolley - Visiting Rooms
4:00	TV Series: Downton Abbey - L2 MR

Saturday	2 February 2019
9:30	Chair Exercise - L2 MR
11:00	Quoits - L1 TVR
1:30	Trivia - L2 TVR

Sunday	3 February 2019
10:00	<b>Catholic Communion - L2 MR</b>
1:30	Seated Badminton - L2 MR
3:00	Sunday movies session L2 MR