

**Casa D'amore - Lifestyle Program**

Monday	3 December 2018
9:30	Chair Exercise - L2 MR
11:00	Scrabble - L1 DR <b>OR</b> Decking the Halls - L3
2:00	Bingo - L1 DR
4:00	Skittles - L2 MR
Tuesday	4 December 2018
9:30	Andrew's Chair Exercise - L2 MR
11:00	Whiteboard Quizzes - L2 MR
1:30	Circle of Men - L1 Prom
2:30	Ladies Group - L1 DR
4:00	Bocce - L2 MR
Wednesday	5 December 2018
9:30	Chair Exercise - L2 MR
11:00	Bingo - L1 DR <b>OR</b> Book Club - L3 MR
2:30	<b>Christmas Afternoon Tea - Level 1</b>
4:00	TV Series: A Place to Call Home - L2 MR
Thursday	6 December 2018
9:30	Andrew's Chair Exercise - L2 MR
11:00	Christmas Card Making L3 DR
2:30	<b>Christmas Afternoon Tea - Level 2</b>
4:00	TV Series: A Place to Call Home - L2 MR
Friday	7 December 2018
9:30	Yoga and mediation - L2 MR
11:00	Memory Games - L2 MR
2:30	<b>Christmas Afternoon Tea - Level 3</b>
4:00	TV Series - Downtown Abbey - L2 MR
Saturday	8 December 2018
9:30	Chair Exercise - L2 MR
11:00	Hoy - L1 DR
2:00	<b>Christmas Concert - Splinters - L2 DR</b>
Sunday	9 December 2018
11:00	knitting and natter - L1 LR
1:30	This day in History - L3 TVR
3:00	Sunday movies session - MR L2

Monday	10 December 2018
9:30	Chair Exercise - L2 MR
11:00	Scrabble - L1 DR <b>OR</b> Garden Walks
2:00	Bingo - L1 DR
6:30	<b>Outing: Christmas Lights Tour</b>
Tuesday	11 December 2018
9:30	Andrew's Chair Exercise - L2 MR
11:00	<b>Anglican Church Service - L2 MR</b>
1:30	Circle of Men - L1 Prom
2:30	Ladies Group - L1 DR
4:00	TV Series: A Place to Call Home - L2 MR
Wednesday	12 December 2018
9:30	Chair Exercise - L2 MR
9:30	<b>Outing: Cultural Lunch for Italian Residents</b>
11:00	Bingo - L1 DR
2:00	Book Club - L3 MR
4:00	Bocce - L2 MR
Thursday	13 December 2018
9:30	Andrew's Chair Exercise - L2 MR
11:00	<b>Christmas Catholic Service L2 MR</b>
2:00	Cooking - L1 DR
3:30	<b>Music Concert - L2 DR</b>
Friday	14 December 2018
9:30	Chair Exercise - L2 MR
11:00	<b>Outing: RSPCA visit with Afternoon Tea</b>
2:00	Past and Present L2 MR
4:00	TV Series - Downtown Abbey - L2 MR
Saturday	15 December 2018
9:30	Chair Exercise - L2 MR
11:00	Happy hands - L2 MR
1:30	Quits- L2 MR
Sunday	16 December 2018
10:00	<b>Catholic Communion - L2 MR</b>
1:30	Singalong with Francis - L3 MR
3:00	Sunday movies session - MR L2

Monday	17 December 2018
9:30	Chair Exercise - L2 MR
11:00	Scrabble - L1 DR <b>OR</b> Garden Walks
2:00	Bingo - L1 DR
6:30	<b>Outing: Christmas Lights Tour</b>
Tuesday	18 December 2018
9:30	Andrew's Chair Exercise - L2 MR
11:00	Arm Chair Travel - L2 MR
2:30	Ladies Group - L1 DR
4:00	TV Series: A Place to Call Home - L2 MR
Wednesday	19 December 2018
9:30	Chair Exercise - L2 MR
11:00	Bingo - L1 DR <b>OR</b> Book Club - L3 MR
2:00	<b>Happy Birthday Celebrations L1 TV</b>
4:00	Bocce - L2 MR
Thursday	20 December 2018
9:30	Andrew's Chair Exercise - L2 MR
11:00	<b>Resident Meeting - L2 MR</b>
1:30	<b>Farmers Market - L1 DR</b>
4:00	Current Affairs - L2 MR
Friday	21 December 2018
9:30	Chair Exercise - L2 MR
10:30	<b>Sing-a-long - L2 DR</b>
1:30	Ice Cream Trolley - Visiting Rooms
4:00	TV Series - Downtown Abbey - L2 MR
Saturday	22 December 2018
9:30	Chair Exercise - L2 MR
11:00	Flower arranging - L1 DR
1:30	Poerty reading - L3 MR
Sunday	23 December 2018
11:00	Memory lane - L1 DR
1:30	Skittles - L2 MR
3:00	Sunday movies session - MR L2

**Casa D'amore - Lifestyle Program**

Movies / Documentaries		
9TH	2:30	Fiddler on the roof
16TH	2:30	Wildlifes Symphony
23RD	2:30	Andre Rieu Christmas
30TH	2:30	Andre New Year Eve
Church Services/Communion		
2nd	10:00	Catholic Communion
11th	11:00	Anglican Service
13th	11:00	Catholic Mass
16th	10:00	Catholic Communion
Concerts		
8th	2:00	Christmas Concert - Splinters
13th	3:30	Nathianal Playing the flute
21ST	10:30	Singalong
31st	2:00	News years Concert
Outings		
10th	6:30	Christmas Lights Tour
12th	9:30	Cultural lunch
14th	11:00	RSPCA visit & afternoon tea
17th	6:30	Christmas Lights Tour
28th	10:00	Shopping trip to Carindale.
3rd	11:15	Camphill Hotel
Christmas		
<b>5th Dec</b>	<b>2:30pm</b>	<b>L1 Christmas Afternoon Tea</b>
<b>6th Dec</b>	<b>2:30pm</b>	<b>L2 Christmas Afternoon Tea</b>
<b>7th Dec</b>	<b>2:30pm</b>	<b>L3 Christmas Afternoon Tea</b>
<p><b>All residents are able to invite up to 3 family members or friends to come celebrate the festive season with us on the above dates. Tickets are \$10 pp and can be purchased from Shebby at Reception.</b></p>		

Monday	24 December 2018
9:30	Chair Exercise - L2 MR
11:00	Scrabble - L1 DR OR Garden Walks
2:00	Bingo - L1 DR
4:00	TV Series: A Place to Call Home - L2 MR

Tuesday	25 December 2018
 <p><b>Christmas Day</b></p>	

Wednesday	26 December 2018
 <p><b>Boxing Day</b></p>	

Thursday	27 December 2018
9:30	Chair Exercise - L2 MR
11:00	Internet scrabble - L2 TVR
2:00	Bingo - L1 DR
4:00	Bocce - L2 MR

Friday	28 December 2018
9:30	Chair Exercise - L2 MR
10:00	<b>Outing: Carindale Shopping Centre</b>
2:00	Surf the Internet -L1 TVR
4:00	TV Series - Downtown Abbey - L2 MR

Saturday	29 December 2018
9:30	Chair Exercise - L2 MR
11:00	Darts - L1 TVR
1:30	Happy hands - L3 MR

Sunday	30 December 2018
11:00	Flower Arranging
1:30	Scatergories - L1 TVR
3:00	Sunday movies session MR L2

Monday	31 December 2018
9:30	Chair Exercise - L2 MR
11:00	Scrabble - L1 DR
2:00	<b>End of Year Happy Hour - Dining Hall Level 1</b>

Tuesday	1 January 2019
 <p><b>New Years Day</b></p>	

Wednesday	2 January 2019
9:30	Chair Exercise - L2 MR
11:00	Bingo - L1 DR <b>OR</b> Book Club - L3 MR
2:00	Let's Get crafty
4:00	Bocce - L2 MR

Thursday	3 January 2019
9:30	Chair Exercise - L2 MR
11:15	<b>Outing - Camphill Hotel</b>
2:00	New Year Resolutions - L3 DR
4:00	Current affairs - L2 MR

Friday	4 January 2019
9:30	Yoga and mediation - L2 MR
11:00	Bingo L1 TV <b>OR</b> Garden walks
1:30	Ice Cream Trolley - Visiting Rooms
4:00	TV Series - Downtown Abbey - L2 MR

Saturday	5 January 2019
9:30	Chair Exercise - L2 MR
11:00	Quoits - L1 TVR
1:30	Trivia - L2 TVR

Sunday	6 January 2019
10:00	<b>Catholic Communion - L2 MR</b>
1:30	Seates Badminton - L2 MR
3:00	Sunday movies session MR L2