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 <p>HAPPY BIRTHDAY 7th—Valma B 8th—Dorothy G 14th—Ivan I 15th—Leigh M</p>	<p>BIRTHDAY 18th—Marie H 24th—Anna G 26th—Francisca C 27th—Celine C</p>		<p>1 9:15am Games (W) 9:30am Chair Chi 9:30am Catholic Church  9:30am Ormiston House outing  10:30am Chuck & Chrissy  1:30pm Social visits (B) 3:00pm Chat & relax (W)</p>	<p>2 9:30am Exercises (Gardenia) 9:30am Outdoor games (W) 10:30am Bingo 2:30pm Happy Hour</p>	<p>3 Games set up in Rose Room</p>	<p>4 11:30am Songs of Praise, ABC TV Games in Rose Room Movies in TV lounges</p>
<p>5 Guy Fawkes Night 9:15am Games/Sensory (W) 9:30am Exercises  9:30am Uniting Church  9:45am Shopping  10:30am Butterflies  1:30pm Make a fascinator! 2:00pm Jolly trolley (G) 3:00pm Chat & relax (W)</p>	<p>6 Melbourne Cup 9:15am Games/Sensory (W) 9:30am Exercises 9:45am Fun, fashion, fascinators at the coffee shop 1:30pm Watch the race, with champagne (Rose Room) 3:00pm Music & relax (W)</p>	<p>7 9:30am Making poppies (W) 9:30am Exercises 10:00am Circle of Men 10:30am Food Focus Meeting 10:30am Delta Dogs 1:30pm <i>DT admin</i> 3:00pm Chat & relax (W)</p>	<p>8 9:15am Games/Sensory (W) 9:30am Chair Chi 10:30am Tamsin Sutherland  1:30pm Making poppies 2:00pm Social visits (J) 3:00pm Chat & relax (W)</p>	<p>9 9:30am Exercises (Magnolia) 9:30am Painting (W) 10:30am Bingo 2:30pm Happy Hour</p>	<p>10 Games set up in Rose Room</p>	<p>11 Remembrance Day 10:30am Remembrance Day Ceremony  <i>Lest we Forget</i> Games in Rose Room Movies in TV lounges</p>
<p>12 Tongue twister day 9:30am Exercises 9:30am Pampering (W) 10:30am Pampering (Flinders Room) 10:30am Golden Memories karaoke 1:30pm Social visits (G) 3:00pm Chat & relax (W)</p>	<p>13 9:15am Games (W) 9:30am Exercises  10:30am Daphne's piano sing-along in Gardenia 10:30am Socialise at Pink Flamingo coffee shop 1:30pm Hoy 1:30pm Jolly trolley (M) 3:00pm Music & relax (W)</p>	<p>14 9:15am Games/Sensory (W) 9:30am Exercises 10:30am Tournament of the Minds at CapellaBay  10:00am Circle of Men 10:30am Knit & natter (B) 1:30pm <i>DT admin</i> 3:00pm Chat & relax (W)</p>	<p>15 9:15am Games/Sensory(W) 9:30am Chair Chi 10:30am Musical Memories  1:30pm Residents Meeting 2:30pm Advanced exercise group (Flinders Room) 3:00pm Chat & relax (W)</p>	<p>16 9:15am Exercises (Banksia) 9:30am Cooking (W) 10:30am Bingo 2:30pm Happy Hour</p>	<p>17 Games set up in Rose Room Movie in Rose Room</p>	<p>18 11:30am Songs of Praise, ABC TV Games in Rose Room Movies in TV lounges</p>
<p>19 9:15am Games/Sensory (W) 9:30am Exercises 10:30am Dennis plays keyboards in Magnolia  1:30pm Advanced exercise group (Flinders Room) 2:00pm Knit & natter in Gardenia 3:00pm Chat & relax (W)</p>	<p>20 9:15am Games/Sensory (W) 9:30am Exercises  9:30am Shopping outing  10:00am Anglican Church  10:30am Socialise at Pink Flamingo coffee shop 1:30pm Bingo 2:00pm Jolly trolley (B) 3:00pm Music & relax (W)</p>	<p>21 9:15am Games/Sensory (W) 9:30am Exercises  9:30am Catholic Mass  10:30am Delta Dogs 10:30am Word games 11:00am Circle of Men lunch at Renaissance 1:30pm <i>DT admin</i> 3:00pm Chat & relax (W)</p>	<p>22 9:15am Games/Sensory (W) 9:30am Chair Chi 10:30am Vintage Voices  1:30pm Social visits (M) 2:00pm Book Club 3:00pm Chat & relax (W)</p>	<p>23 9:15am Exercises (Jacaranda) 9:30am Gardening (W) 10:30am Bingo 2:30pm Happy Hour</p>	<p>24 Games set up in Rose Room Movie in Rose Room</p>	<p>25 11:30am Songs of Praise, ABC TV Games in Rose Room Movies in TV lounges</p>
<p>26 9:15am Games/Sensory (W) 9:30am Exercises 10:30am Belles & Beaux  10:30am St Rita's School choir 2:00pm Garden club 3:00pm Chat & relax (W)</p>	<p>27 9:15am Bus outing (W) 9:30am Exercises 10:30am Socialise at Pink Flamingo coffee shop 11:30am Bus—lunch outing 1:30pm Hoy  2:00pm Jolly trolley (J) 2:30pm Bus—mystery tour 3:00pm Music & relax (W)</p>	<p>28 9:15am Games/Sensory (W) 9:30am Exercises 10:00am Circle of Men 10:30am Christmas craft 1:30pm <i>DT admin</i> 3:00pm Chat & relax (W)</p>	<p>29 9:15am Games/Sensory (W) 9:30am Chair Chi 10:30am Glenda's Shop 10:30am Celebrate November birthdays—coffee shop 1:30pm Advanced exercise group (Flinders Room) 3:00pm Chat & relax (W)</p>	<p>30 St Andrews Day 9:30am Scottish morning tea (W) 10:30am Bingo 2:30pm Happy Hour - Derek's bagpipes </p>	<p>(B) Banksia (G) Gardenia (M) Magnolia (J) Jacaranda (W) Wisteria</p>	<p> <i>If you wish to join an outing, please let Lifestyle know</i></p>