

Casa D'amore - Lifestyle Program

Monday	1 October 2018
Queen's Birthday Public Holiday	

Tuesday	2 October 2018
9:30	Andrew's Chair Exercise - L2 MR
11:00	Scrabble - L1 DR
1:30	Circle of Men - L1 Prom
2:30	Ladies Group - L1 DR
4:00	TV Series: A Place to Call Home - L2 MR

Wednesday	3 October 2018
9:30	Chair Exercise - L2 MR
11:00	Book Club - L1 TVR OR Garden Walks
2:00	Bingo - L1 DR
4:00	Bocce - L2 MR

Thursday	4 October 2018
9:30	Andrew's Chair Exercise - L2 MR
11:00	Outing: Lunch at French Martini Café
3:00	Hangman - L2 MR
4:00	Current Affairs - L1 TVR

Friday	5 October 2018
9:30	Chair Exercise - L2 MR
10:30	Sing-a-Long - L2 MR
1:30	Whiteboard Quizzes - L2 DR
4:00	TV Series - Downtown Abbey - L2 MR

Saturday	6 October 2018
9:30	Chair Exercise - L2 MR
10:00	Zonta Ladies Pampering Session - L2 MR
1:30	Hoy - L1 DR

Sunday	7 October 2018
10:00	Catholic Communion - L2 MR
1:30	Tea and Biscuits - L1 DR
2:30	Movie Session - L2 MR

Monday	8 October 2018
9:30	Chair Exercise - L2 MR
10:30	Outing: Manly Yacht Club
4:00	Meditation - L2 MR

Tuesday	9 October 2018
9:30	Andrew's Chair Exercise - L2 MR
11:00	Anglican Church Service - L2 MR
1:30	Circle of Men - L1 Prom
2:30	Ladies Group - L1 DR
4:00	TV Series: A Place to Call Home - L2 MR

Wednesday	10 October 2018
9:00	Outing: Dendy Cinema
2:00	Bingo - L1 DR
3:00	Bocce - L2 MR

Thursday	11 October 2018
9:30	Andrew's Chair Exercise - L2 MR
11:00	Scrabble - L1 DR
2:00	Music Concert - L1 DR
4:00	Garden Walks

Friday	12 October 2018
9:30	Chair Exercise - L2 MR
11:00	Whiteboard Quizzes - L2 DR
2:30	Birthday Celebration Afternoon Tea - L1 DR
4:00	TV Series - Downtown Abbey - L2 MR

Saturday	13 October 2018
9:30	Chair Exercise - L2 MR
11:00	Singalong with Francis - L3 MR
1:30	Scattergories - L1 TVR

Sunday	14 October 2018
10:00	Memory Lane Tea - L1 DR
1:30	Happy Hands - L1 TVR
2:30	Movie Session - L2 MR

Monday	15 October 2018
9:30	Outing: Picnic in the Park with Esida
3:00	Bingo - L2 DR
3:30	Touch and Talk - L1 TVR

Tuesday	16 October 2018
9:30	Andrew's Chair Exercise - L2 MR
11:00	Scrabble - L1 DR
1:30	Circle of Men - L1 Prom
2:30	Ladies Group - L1 DR
4:00	TV Series: A Place to Call Home - L2 MR

Wednesday	17 October 2018
9:30	Chair Exercise - L2 MR
11:00	Book Club - L1 TVR OR Garden Walks
1:30	Bingo - L1 DR
4:00	Bocce - L2 MR

Thursday	18 October 2018
9:30	Andrew's Chair Exercise - L2 MR
9:30	Outing: Carindale Shopping Centre
2:00	Ice Cream Trolley - Visiting Rooms
3:00	Current Affairs - L1 TVR

Friday	19 October 2018
9:30	Chair Exercise - L2 MR
10:30	Sing-a-Long - L2 MR
1:30	Fashion Stall - L2 MR
4:00	TV Series - Downtown Abbey - L2 MR

Saturday	20 October 2018
9:30	Chair Exercise - L2 MR
11:00	This Day in History - L1 TVR
1:30	Quoits - L2 MR

Sunday	21 October 2018
10:00	Catholic Communion - L2 MR
1:30	Zonta - Sewing Group - L2 MR
3:00	Movie Session - L2 MR

Please Note: 1. All details are correct at the time of printing, 2. All scheduled programs are not on this sheet, 3. Clarify details with Lifestyle Coordinator.

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Outings:		
4th	11am	French Martini Café
8th	10:30am	Manly Yacht Club
10th	9:30am	Dendy Cinema
15th	9:30am	Picnic in the Park with Esida
18th	9:30am	Carindale Shopping Centre
24th	9:30am	Art Gallery and Morning Tea
30th	11:00am	City Hall Concert
4th Nov	11:00am	Newstead Brewing Company
Concerts		
5th	10:30am	Sing-a-Long
11th	2:00pm	Tasmin
19th	10:30am	Sing-a-Long
24th	11:00am	Sing-a-Long with Francis
26th	2:00pm	Halloween Happy Hour
Celebrations		
12th	2:30pm	Birthday Celebration
26th	2:00pm	Halloween Happy Hour
Church Services		
7th	10:00am	Catholic Communion
12th	11:00am	Anglican Church Service
21st	10:00am	Catholic Communion
Movies		
7th	9 to 5	
14th	Anna and the King	
21st	The Glenn Miller Story	
28th	Four Weddings and a Funeral	
4th	Butch Cassidy and the Sundown Kid	
Other Information		
25th	11:00am	Resident Meeting
25th	2:00pm	Farmers Market
Family members and friends are always welcome to attend activities and outings.		

Monday 22 October 2018	
9:30	Chair Exercise - L2 MR
11:00	Scrabble - L1 DR
2:00	Bingo - L1 DR
4:00	Meditation - L2 MR
Tuesday 23 October 2018	
9:30	Andrew's Chair Exercise - L2 MR
11:00	Cooking - L1 DR
1:30	Circle of Men - L1 Prom
2:30	Ladies Group - L1 DR
4:00	TV Series: A Place to Call Home - L2 MR
Wednesday 24 October 2018	
9:30	Outing: Art Gallery and Morning Tea
2:00	Bingo - L1 DR
3:30	Bocce - L2 MR
Thursday 25 October 2018	
9:30	Andrew's Chair Exercise - L2 MR
11:00	Resident Meeting - L2 MR
2:00	Farmer's Market - L1 DR
4:00	Current Affairs - L1 TVR
Friday 26 October 2018	
9:30	Chair Exercise - L2 MR
11:00	Memory Games - L2 MR
2:00	Halloween Happy Hour - L2 DR
4:00	TV Series - Downtown Abbey - L2 MR
Saturday 27 October 2018	
9:30	Chair Exercise - L2 MR
11:00	Knitting - L1 TVR
1:30	Hoy - L1 DR
Sunday 28 October 2018	
10:00	Memory Lane Tea - L1 DR
1:30	Uno - L1 DR
2:30	Movie Session - L2 MR

Monday 29 October 2018	
9:30	Chair Exercise - L2 MR
11:00	Scrabble - L1 DR
2:00	Bingo - L1 DR
4:00	Touch and Talk - L1 TVR
Tuesday 30 October 2018	
9:30	Andrew's Chair Exercise - L2 MR
11:00	Outing: City Hall Concert
1:30	Circle of Men - L1 Prom
2:30	Ladies Group - L1 DR
4:00	TV Series: A Place to Call Home - L2 MR
Wednesday 31 October 2018	
9:30	Chair Exercise - L2 MR
11:00	Let's Get Crafty - L3 DR
1:30	Bingo - L1 DR OR Book Club L3 MR
4:00	Bocce - L2 MR
Thursday 1 November 2018	
9:30	Andrew's Chair Exercise - L2 MR
11:00	Skittles - L2 MR
2:00	Arm Chair Travel - L1 TVR
4:00	Current Affairs - L1 TVR
Friday 2 November 2018	
9:30	Chair Exercise - L2 MR
11:00	Men's Outing: Newstead Brewing Company
2:00	Ice Cream Trolley - Visiting Rooms
4:00	TV Series - Downtown Abbey - L2 MR
Saturday 3 November 2018	
9:30	Chair Exercise - L2 MR
11:00	Darts - L2 MR
1:30	Happy Hands - L1 TVR
Sunday 4 November 2018	
10:00	Memory Lane Tea - L1 DR
1:30	Poetry Reading - L1 TVR
2:30	Movie Session - L2 MR

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