

OCTOBER

ISSUE 4 - 2017

Vacenti
Vibes



<h1 style="margin: 0;">Esida</h1> <p style="margin: 0;">& Esida Lodge</p>	<p style="text-align: center;">MAIN EVENTS:</p> <p>BOTH</p> <p>6th @ 10:30am Concert with Dennis Boland</p> <p>10th @ 9:00am Shopping Trip</p> <p>12th @ 10:30am Les on the piano</p> <p>13th @ 10:30am Sing-a-long with Rae</p> <p>19th @ 9:00am Bus Trip - Morning Melodies</p> <p>30th @ 9:45am Concert with Nathaniel (TV)</p> <p>31st Halloween Theme Day</p> <p>Esida</p> <p>3rd @ 1:30pm Happy Hour with David Cheales</p> <p>Esida Lodge</p> <p>24th @ 1:30pm Happy Hour with Robbi Dunn</p>
OCTOBER	
<p>RESIDENT MEETING:</p> <p>4th @ 10:45am (W)</p> <p>CHURCH SERVICES:</p> <p>10th @ 10:30am Anglican Church Service</p> <p>17th @ 10:30am Citipointe</p> <p>18th @ 11:15am Uniting Church Service (W)</p> <p>26th @ 10:30am Catholic Church (W)</p>	

<h1 style="margin: 0;">Lorocco</h1>	<p style="text-align: center;">MAIN EVENTS:</p> <p>4th @ 10:30am Ready Steady Cook - German Apple Cake</p> <p>5th @ 10:00am Concert with Dennis Boland</p> <p>5th @ 12:00 BBQ and Happy Hour</p> <p>6th @ 10.00am Intergenerational Group - Mother Duck</p> <p>6th @ 2:30pm Laughter Boss & Ice Cream Express</p> <p>7th Red Cross Community Visitors</p> <p>4th @ 10:30am Ready Steady Cook - German Apple Cake</p> <p>26th Oct @ 10.00am Outing - Carina Legues Club with Morning Melodies</p>
OCTOBER	
<p>RESIDENT MEETING:</p> <p>13th Oct @ 10:30am</p> <p>CHURCH SERVICES:</p> <p>3rd Oct @ 10:30am Uniting Church Service</p> <p>10th Oct @ 10:30am Citipointe Church Service</p> <p>17th Oct @ 10am Catholic Mass with Father Alex</p>	

<h1 style="margin: 0;">Marebello</h1>	<p style="text-align: center;">MAIN EVENTS:</p> <p>3rd @ 10.30 Concert: Ballet Performance</p> <p>5th @ 10.30am Concert: Vintage Voices</p> <p>9th @ 10.30 Grape Seed Fashion Show</p> <p>12th @ 10.30am Concert: Ballroom Dancing</p> <p>16th @ 10.30 Concert: Tip Tops</p> <p>18th @ 10.30 Concert: Lachlan Barry</p> <p>23rd @ 10.30 Visit from Victoria Point Kindy!</p> <p>24th @ 9.30 Outing to Cleveland Point</p> <p>26th @ 10.30 Concert: Moriya – Didgeridoo and Performance Music</p>
OCTOBER	
<p>RESIDENT MEETING:</p> <p>4th @ 10:30am Food Focus Meeting (Rose Room)</p> <p>12th @ 1:30pm Resident Meeting (Rose Room)</p> <p>CHURCH SERVICES:</p> <p>5th @ 9:30am Catholic Communion (Flinders Room)</p> <p>17th @ 10am Anglican Church</p> <p>18th @ 9:30am Catholic Mass</p>	

<h1 style="margin: 0;">Casa Damore</h1>	<p style="text-align: center;">MAIN EVENTS:</p> <p>3rd – Bus Trip - Brisbane City Hall - Anna Kho and the String Kho-Tet</p> <p>6th & 20th – Sing-a-long</p> <p>6th, 13th, 20th & 27th – Delta Dogs “Starter”</p> <p>11th - Bus trip – Mt Gravatt Lookout Café</p> <p>12th – Music Concert – Nathaniel Ford</p> <p>17th – Bus Trip - Brisbane City Hall - David De Vito: An entrée with the singing chef</p> <p>24th – Bus Trip – Brisbane City Hall - Gin and Sin Salon - Sinfully fun jazz classics</p> <p>26th – Resident Lifestyle Meeting</p> <p>27th – Happy Hour – with Steinar Johansen</p>
OCTOBER	
<p>RESIDENT MEETING:</p> <p>26th @ 11am Media Room Level 2</p> <p>CHURCH SERVICES:</p> <p>10th @ 11am Anglican Church Service</p> <p>15th @ 10am Catholic Church Communion</p>	

WELCOME TO THE 4TH VACENTI VIBES NEWSLETTER!

In this issue we cover what happened during September and what's to come in October. We hope you enjoy the read! Why not try the puzzles and riddles hidden throughout the issue and check out our new classifieds section on the last page.

8th - 9th October BRISBANE OPEN HOUSE



Fort Lytton - Photo credit to Ben Blanche

In its eighth year, Brisbane Open House will continue its tradition of embracing "all that is built Brisbane", opening the doors of iconic public and private buildings for the architectural enthusiast, heritage passionate or

the simply curious visitor. A free community event, BOH offers diverse program spread over two days - unlock award-winning architectural gems, undertake a pilgrimage of heritage places and spaces or select from several precincts in which to marvel built offerings.

6th - 15th October OKTOBERFEST



It's time to don your dirndl and lederhosen and get ready to celebrate Australia's largest German festival when Oktoberfest Brisbane lands in 2017. The Oktoberfest Tent, Munich Biergarten, traditional stalls and an exciting festival

program offer culture-seeking enthusiasts the chance to experience delicious food, world-famous beers and a line-up of traditional entertainment.

If you would like more information about these events, please contact the lifestyle staff.



2nd of October ORIONID METEOR SHOWER

In 2017, the Orionid meteor shower will be visible from October 2 to November 7. The shower is expected to peak on the night of October 20 and early morning of October 21.

It's called Orionids because the meteors seem to emerge or radiate from the constellation Orion.

A First Quarter Moon will make this meteor shower easy to see in both the Northern and Southern Hemisphere.

Orionids tend to be active every year in the month of October, usually peaking around October 20. At its peak, up to 20 meteors are visible every hour.

The best time to view the Orionids is just after midnight and right before dawn.



We encourage your feedback

People using Vacenti aged care and premium senior living services have valuable insights into how services work and what could be improved. There might be ways that you can get involved to help improve services not just for yourself, but also for other care recipients.

If you would like to have input into continued improvements, you can ask the Facility Manager what opportunities they have for you to get involved. Examples of activities might include:

- sharing your experiences and perspective at meetings;
- providing feedback on how documents you use or refer to such as the Resident's Welcome Book, enquiry information or the monthly financial statement could be more user-friendly;
- reviewing the results of the satisfaction surveys with staff and suggest strategies to address these valuable opportunities;
- providing a testimonial of your experience for this newsletter; or
- sharing your experience in a video for potential residents and their loved ones.

Raising a concern

Our staff do their best to provide quality care and services, but glitches can occur. You have a right to raise your concern. As a company, we welcome your feedback and encourage it. If you're unhappy with something, there are ways to address your concerns.

It's best to start by raising your concern directly with the person involved. If you don't feel comfortable doing that, you can speak with the Facility Manager or complete the 'Share your Experience' form. What are your other options?

- 1) Contact Vacenti Corporate Office on 07 3422 9300 and speak with any member of the Operations or Quality Team.
- 2) Send us an email to info@vacenti.com.au
- 3) Complete the Enquiry/Feedback on our Vacenti website <http://www.vacenti.com.au/contact/>

It's a good idea to keep a list of contacts that you can call on if you have a concern, need to change some arrangements, or find that the service is not what you expected.

Getting help to raise a concern

You can ask for another person to talk on your behalf or to be present when you meet with the provider. You can also ask for an interpreter.

If you want help to raise a concern or if you are not happy with the response, contact the National Aged Care Advocacy Line on 1800 700 600. They will listen and give you information. If you want them to, they will speak up for you, representing your expressed wishes. This is a free service with offices in each state.

If you have tried to raise your concerns to management at Vacenti but aren't happy with their response, you can make a complaint to the Aged Care Complaints Commissioner.

The Aged Care Complaints Commissioner is a free, national and independent service that helps you to resolve your concerns. They are approachable, impartial and fair.

To make a complaint to the Aged Care Complaints Commissioner

- call 1800 550 552
- or use the online complaint form



Sudoku #2

8	2	1	7	4	6	9	5	3
5	9	6	8	1	3	7	2	4
7	4	3	2	5	9	8	6	1
4	6	5	9	8	7	1	3	2
9	1	7	3	2	5	4	8	6
2	3	8	4	6	1	5	9	7
6	5	4	1	3	8	2	7	9
3	7	2	5	9	4	6	1	8
1	8	9	6	7	2	3	4	5

ANSWER. Puzzle on the back page.

RIDDLE ME THIS!

Q1

A cowboy rides into town on Friday, stays for three days, then leaves on Friday. How did he do it?

Q2

What do the numbers 11, 69, and 88 all have in common?

Q3

Beth's mother has three daughters. One is called Lara, the other one is Sara. What is the name of the third daughter?

Q4

What gets wetter and wetter the more it dries?

Q5

What starts with the letter "t", is filled with "t" and ends in "t"?

Q6

You can see me in water, but I never get wet. What am I?

A6 A reflection A5A teapot A4 A Towel. A3 Beth. A2 They read the same right side up and upside down. A1His horse's name was Friday.

Lateral thinking

The Waiter

Three men in a cafe order a meal the total cost of which is \$15. They each contribute \$5. The waiter takes the money to the chef who recognizes the three as friends and asks the waiter to return \$5 to the men.

The waiter is not only poor at mathematics but dishonest and instead of going to the trouble of splitting the \$5 between the three he simply gives them \$1 each and pockets the remaining \$2 for himself.

Now, each of the men effectively paid \$4, the total paid is therefore \$12. Add the \$2 in the waiters pocket and this comes to \$14.....where has the other \$1 gone from the original \$15?

The payments should equal the receipts. It does not make sense to add what was paid by the men (\$12) to what was received from that payment by the waiter (\$2) Although the initial bill was \$15 dollars, one of the five dollar notes gets changed into five ones. The total the three men ultimately paid is \$12, as they get three ones back. So from the \$12 the men paid, the owner receives \$10 and the waiter receives the \$2 difference. \$15 - \$3 = \$10 + \$2.

Is it True?

FRISBEE®

The term FRISBEE did not always refer to the familiar plastic discs we visualize flying through the air.

Over 100 years ago, in Bridgeport, Connecticut, William Russell Frisbie owned the Frisbie Pie Company and delivered his pies locally. All of his pies were baked in the same type of 10" round tin with a raised edge, wide brim, six small holes in the bottom, and "Frisbie Pies" on the bottom. Playing catch with the tins soon became a popular local sport. However, the tins were slightly dangerous when a toss was missed. It became the Yale custom to yell "Frisbie" when throwing a pie tin. In the 40's when plastic emerged, the pie-tin game was recognized as a manufacturable and marketable product. Note: FRISBEE® is a registered trademark of Wham-O Mfg. Co





Hello all and welcome to October,

The warmer weather is coming –if you are taking your loved ones for a walk outside please don't forget to apply a little sunscreen – the sun can be fierce in summer, avoid the middle of the day for strenuous walks and ensure adequate hydration is maintained.

The new Spring & Summer menu has commenced. All accounts are positive – there are new variations of favourite meals and many choices and options. I want to thank Thomas and his team for the hard work that has gone into this process and the production of the food.

The consultation room is now available for use in Esida. Please just let the Team Leaders know if you require the use of this room. So far the Allied Health, visiting Specialists such as Mobile Dentist and the Optometrist have found the room suitable to their needs

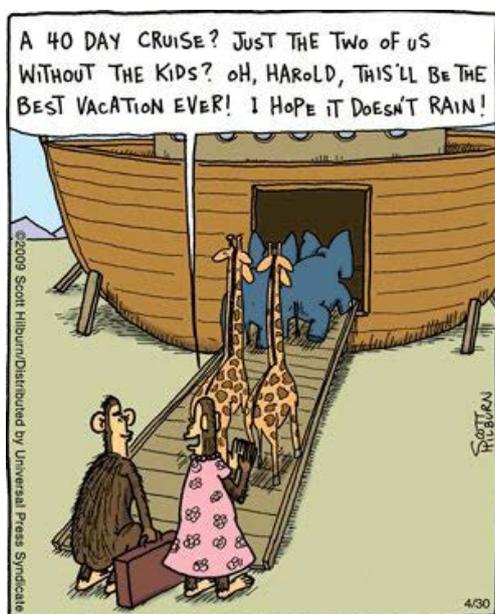


Take care until next month, Laura

Laura Duffy
Facility Manager



Source: <http://www.bbc.com/news/world-south-asia-12670110> accessed 26/9/2017



Hello everyone,

September kicked off with acknowledging our 'Dads' on Father's Day with a concert from Sterle Buchanan. It was a relaxing morning, enjoyed by all on the Sunshine Terrace.

We have been on a couple of trips this month; our usual shopping escapade with a devilish morning tea to round things off. And, due to popular demand, we also took a trip to the Event Cinemas at Garden City to see "Victoria and Abdul". This film is based on a true story about a friendship that blossomed between Queen Victoria and an Indian national who was taken to England to initially present the Queen with a specially minted coin during her golden jubilee in 1887.

This deeply valued friendship lasted until her death in 1901. This film was highly enjoyable and got the 'thumbs up' from our happy troupe, who highly recommend this film.

"Abdul Karim was one of Queen Victoria's closest confidants despite efforts by royal circles to suppress their relationship before and after her death." The depiction of real Abdul Karim is featured to the left.

All the favourite activity programs have been ticking along well. Generation Gap performed at Esida's Happy Hour this month. This talented duo was received most favourably; they will be back in the New Year for another delightful hour. Happy Hour in Esida Lodge featured a new entertainer, Matty Bateson, who sang a cluster of familiar songs from the 50's and 60's while his audience relaxed with a drink in hand, and sang along with some of their favourites from the past.

Paper crafts with Robyn was held on Sunday 17th. Robyn assisted residents to make a decorative photo box, a unique way to display photographs, or special pictures, in a three dimensional way.

Arts and crafts groups have been working on some mixed media pieces and our men's workshop have started a couple of tool caddies.



Keep busy everyone. Until next month... Ciao

Susie
Lifestyle Coordinator



Matty Bateson in the Lodge



Happy hour with Generation Gap



Happy hour with Generation Gap

MEET THE STAFF



Rae & Rebecca

RAE FROM THE LIFESTYLE TEAM

Pastimes and interests

Playing the guitar, singing and listening to music

Favourite foods

Chicken in any way!

REBECCA FROM THE CARE TEAM

Pastimes and Interests

Attending football games and is a keen supporter of Collingwood and the Cowboys

Favourite foods

Pasta

Rebecca and Rae work predominantly in Esida, so please say hello if you see them. Rae will take song requests for when she has a sing-a-long activity.



Paper crafts with Robyn Simpson



Paper crafts with Robyn Simpson



Experimenting with UV shadow painting on fabric



Rose learning rag rugging



The new consult Room



The new consult room

WELCOME!

Hello everyone,

A big thank you to all staff and relatives for welcoming me to Lorocco. It has been a busy 3 weeks since my first day, including an unannounced visit by 3 assessors from the Australian Aged Care Quality Agency on the 15th September. Lorocco was successful in meeting all requirements to the following expected outcomes: 2.7 Medication Management - Met, 3.6 Privacy and Dignity - Met, 4.4 Living Environment - Met.

The Lorocco and Vacenti corporate team have been instrumental with ensuring the requirements are met, the Lorocco team will continue to strive for ongoing continuous improvement. During my short time, I have noticed how aged care reform has progressed over the years and am pleased at how far aged care has come. I have worked in various aged settings over a period of 14 years and am delighted with the changes including environmental, equipment and technology. I have also returned from South Australia having spend 3 ½ years working in a Mental Health Service.

With the current menu changes, Lorocco has also a new chef, Philippa Condon. Philippa is passionate and obsessed with food she has extensive experience including 3 years French training. Philippa has relocated from Sydney but also worked in Adelaide, South Australia. Often going past the kitchen you will hear music, as when things get busy, dancing and laughter is encouraged. Lorocco has received very positive feedback lately; please feel free to meet with Philippa if you have any feedback on the menu.

At the moment Lorocco is recruiting to nursing positions, including Registered Nurses. We are looking for staff that are person-centered and practice within the Vacenti Way. Please contact myself or email hr@vacenti.com.au or complete the Expression of Interest form on our website vacenti.com.au/careers.

I am situated at the front office and the office located in the Deck. My door is always open and working my way around to meeting everyone, please feel free to call in.



Until next month, take care

Cheryl Targett
Manager - Lorocco



Lorocco would like to welcome our new chef -

Philippa Condon

Hello and welcome to spring.

This September we focused on P, for Personalise, and were very excited about receiving two new wonderful volunteers from Red Cross, Ms Agnes Van Loon and Ms Nina Sands, as well as a community volunteers Caifen Ma and Pastor Jan.

Our volunteers are unsung heroes and Shero's that bring a great wealth of experiences and have diverse backgrounds, and its so great to match up residents that share connections.

Pastor Jan now visits us every Monday, and offers interdenominational communion to everyone at Lorocco including the staff, residents and family members. This is a fantastic service that enriches the spiritual values for our families, and is so appreciated at Lorocco.

We love volunteers at Lorocco, so if you know anyone who is interested please call Jill anytime at the office PH:39176800.

Our outing to Carina Leagues Club for Morning Melodies, was so successful, we have decided make this a regular monthly activity, many of our residents had a flutter and others thoroughly enjoyed the band and line dancing ladies. Everyone loved the café experience.

The Laughter Boss Doctor is making regular appearances at Lorocco and is making friends by giving out giving out her ice cream prescriptions and making sure that a dose of laughter is the best medicine for all the residents.

October is just around the corner and we are about to get into the Festival of Oktoberfest, so we are on a journey to discover the cultures of Germany, Its going to be fun, we will make OMA'S German Apple Cake, Ginger Beer and Potato Pancakes.

Join us for our Monthly Concert/BBQ/HappyHOUR on the 5th Of October, and try out a German Brewed Beer, in a Stein. Everyone is welcome.

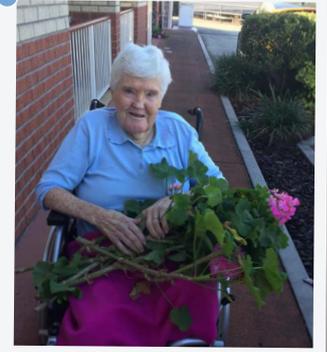
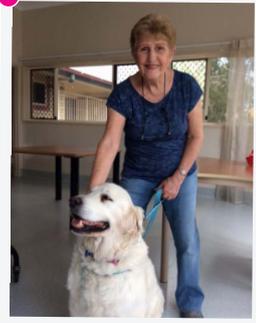
Until Next Month,

Keep Smiling and be kind to each other.

Jill Campbell



Gateway Church



Fathers Day

Farm Yard Friends Visit!



Music Therapy with Fiona

Visit to the Caina Leagues Club



Happy Hour with Laughter Boss

Birthdays!



Hello,

Thank you to all who sent in their feedback to the July Relatives survey. There were quite a number of questions where 80% or more of respondents rated Marebello as "Always" or "Most of the Time". These included:

- Being made to feel welcome
- Staff knowledge and skill
- Staff professional and courteous
- Loved one is cared for

Along with rating the answers to the questions, there was also the opportunity for relatives to share further comments. Each and every comment has been reviewed for specific issues, both positive and negative.

Following your feedback, there are opportunities for us to improve which are being added to the Marebello Plan for Continuous Improvement. The top four subjects identified as opportunities for improvement were Communication; Staff practices; Laundry and Food. As you all know I welcome any feedback, and remind you all that you do not have to wait for a survey to let me know what you think we can improve on, or to let me know if we have improved - even better! Please fill out a form, or if you are more tech savvy, please email me on jenny.wright@vacenti.com.au.

We have had a little change in the management team at Marebello with Ash leaving to pursue other employment options, and Mary deciding to spend time with her young children. We will miss them both and wish them well. The clinical team now consists of Fazila Sofric as Clinical Manager and Monica Sneddon as Care Coordinator. Fazila and Monica can be found in the respective offices, or can be contacted via email, ClinicalManager.MB@vacenti.com.au for Fazila or CareCoordinator.MB@vacenti.com.au for Monica. If you want to know anything, want some feedback on your care or your loved ones, please contact either of these lovely ladies who will be happy to assist you.

Until next month, please keep smiling and don't forget to stay in touch.



Jenny Wright
Facility Manager



We kicked off September with our Marebello Spring Festival. We played lots of games, had fun trying on silly wigs and hats, but the highlight of the day was most certainly the strawberry ice cream cones! It was a rather warm day and the combination of cold ice cream and fresh strawberries was irresistible.

Once a month, a group of Marebello residents compete in a quiz with other aged care facilities in the local area called Tournament of the Minds. Each facility takes it in turns to host the Tournament and provide morning tea to guests. It is a great opportunity to meet and socialise. September was our turn to host. We had such a fun morning and our Chef received some wonderful compliments.

One of the highlights of September was the Flower Arranging Competition. Our residents turned armfuls of colourful blooms into beautiful works of art.

This month's Armchair Travel was to outback Queensland. Many of us have visited outback Queensland, and we enjoyed an interesting discussion about places we had been to. We also made traditional Aussie damper and enjoyed it with Finger Lime Marmalade and Rosella Jam.

Lynne has recently started a Book Club at Marebello and it is becoming very popular among our residents. This month the group read and discussed 'A Town Like Alice' and watched the movie version. Next month, the group will be reading short stories by Helen Garner. If you are interested in being a part of the Book Club, please let Lynne or Fiona know and we will provide you with the reading material.

This month, we have had concerts by Chuck and Chrissy, Belles and Beaux, the Russell Island Singers, the Butterflies and the fabulous Melly Melody. We have also had a visit from the Baby Animal Farm which is always a highlight and is enjoyed by everyone.

In October, we are looking forward to concerts by Vintage Voices, Tip Top and Lachlan Barry. We also have our Ballroom Dancers returning and a special performance by Moriya playing the didgeridoo. For more information, please refer to our calendar. Friends and families are always welcome at any of our activities. Until next month,

**Lifestyle Team - From L-R. Eileen,
Lynne, Fiona (in Red), Sue**

Baby Animal Farm

Spring Festival



Rite



Clare



Elvy



Frank



Doreen



Anna



Fiona



Lesley



Godfrey



Janine

Merry Melodies



Merry Melodies



Marie



Pat



The Butterflies

Flower Arranging



Beryl



Gladys



Helen



Flower Arranging



Greetings from Casa Dámore,

Welcome to our October update – we’ve had another busy month and we are now heading into the last quarter for 2017 and the festive season is just around the corner.

During the beginning of September, we had an unannounced visit from the Australian Aged Care Quality Agency. During the visit we had two assessors here to look at our Comments and Complaints Systems, Clinical Care, the Living Environment and our Continuous Improvement program. The assessors had the opportunity to speak to a number of residents, relatives, visitors and staff on the day to obtain feedback in regards to life at Casa Dámore. They were very pleased with the systems and processes they assessed and asked that we thank everyone who spoke with them on the day for their participation.

We have also had a number of Griffith University Bachelor of Nursing students undertaking their first practical placement with us. This is a great opportunity for the students to get an understanding of how a residential aged care facility operates and for them to put into practice the skills they have been learning through their tertiary studies. It’s always great to have the students with us and I often hear from our residents how much they enjoy their involvement in their day.

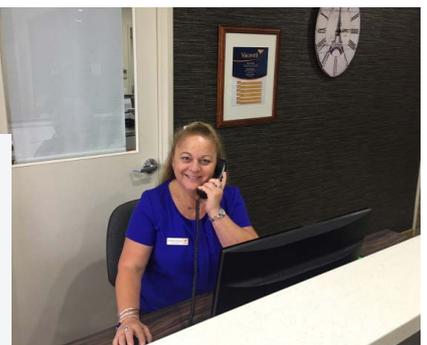
Thank you to everyone who participated in our Relative’s Survey recently. We are working our way through your feedback to identify opportunities for improvement and change to enhance the lives of our residents. One change we have implemented is our administration extraordinaire Shebby will now be stationed at our reception desk in the Entry Foyer. This will give residents and visitors a front of house point of contact to assist you with any enquiries or information that you may require. We have also commenced an extensive clean of our outdoor verandah areas and spaces in readiness for the warmer weather so they are ready and comfortable for use. If there is anything you would like to discuss with me further regarding your feedback in the survey, please do not hesitate to get in touch.



Jason Coles
Facility Manager



Shebby is now manning our front desk. Come say hi!



Spring is here and we welcome the warmer days and we wished all the fathers a happy Father’s Day. A special BBQ was enjoyed and an afternoon tea with our very own Solange singing to all of the men. Melissa conducted a trivial quiz and drew the Father’s Day Raffle with winners “Shebby and Poonam” taking the prizes.

One of the enjoyable events consisted of the men who gathered for a BBQ out on the balcony with our Circle of Men volunteers, as they listened to Dean Martin and Frank Sinatra.

Other events from last month included Sally and Frances leading the group in a sing-a-long, a wonderful music concert with Mary-Jane and a visit to City Hall to see the Queensland Youth Orchestra.

A small group visited the Cannon Hill Shopping Centre to purchase a couple of things and have a serve of morning tea. One of the highlights for our trips, was the Kangaroo Point Cliffs café which had wonderful views, refreshments and company.

We also announced the winner of the Jelly Bean competition at the Resident Lifestyle Meeting. The winner, Carmel, correctly guessed 477 and received the large jar of Jelly Beans and a voucher for a slice of cake and a cup of coffee from our on site café. Our two runners up who were both one off the number (Hari and Gloria) receive a little bar of chocolate for being so close!

We ended the month with an October Feast inspired happy hour with the great entertainer Steinar Johansen.

For the latest lifestyle program and additional details about what’s on, please see the notice boards or grab a copy of the latest lifestyle program - (It can also be downloaded from the new Vacenti website).



Kind regards, Sam Koch

Leisure

Father's Day

Who Won the Jelly Beans?



Sam with, Carmel, the winner of the Jelly Bean Competition!



Solange entertaining everyone at the Father's Day Afternoon Tea.

Circle of Men

Bingo!



Shirley taking out the jackpot in the weekly bingo



Graeme, Graeme, David, Derek, Malcolm, Brian, Bill, Joseph, Dave and Warren all enjoying a BBQ on the balcony.



Maurice, John, Graeme, Bev, Eileen, Joseph, Bill, Vivienne, Helen and Hanna attending the Father's Day Afternoon Tea.



Poonam one of our winners of the Father's Day Raffle

Memory Lane



Melissa hosting a high tea with the ladies, talking about memories of cooking in the kitchen (egg beater in hand).
L - R: Freda, Reta, Margaret, Melissa, Margaret, Vivienne and Hanna



Vivienne sharing her stories while playing with the egg beater.



The great view from the café of the Brisbane Skyline

Kangaroo Point



David, Lynette, John, Reta, Margaret, Rhonda, Frances, Anne, John, Cathy, Pat, Nina, Freda and Jackie all enjoying a lovely morning tea and view at the Kangaroo Point Cliff Café.

City Hall Trip



"The Cliffs" Café at Kangaroo Point



Teresa, Lynette, Dorothy, John, Margaret, Felicity, Pat and Cathy waiting for the taxi after the wonderful concert at City Hall.



Nina, Lynette, Frances, Gloria, Maureen, Dorothy, Helen, Hanna, Teresa, Margaret, Pat, Cathy, John and Reta after the concert.

Bocce!



Pat, Anna, Carmel, Hanna and Joan watching Dave's action shot.

Hello Everyone.

The month of October is a special one for us at Con Noi as we celebrate our 3rd birthday. Three years ago, construction commenced in January 2013 with the proposed opening date in May that year. Due to the rains, construction pushed back the date to October. I still remember the hours Mario, Louisa, Heather and I spent putting furniture together.

Our first residents to move in were Ian and Marjorie Heath from Carseldine. They had sold their home and were ready to move in on the 12th September despite not everything being completely finished. Our second couple were Jim and Helen Pippas came from Wynnum West. They had a buyer who had sold his home and wanted to move in right away leaving Jim and Helen with nowhere else to go, so they moved in on the 26th September 2014. The third resident to move in was Val Jiear on the 3rd of October. Val was the first resident to pay a deposit as she wanted a large courtyard.

Today, with some 65 residents living in Con Noi, we are a happy group with so many activities to enjoy. Bruce Collins comes along every Monday morning with his Heart Fit Exercise Class. This is a great group with everyone ready to commence their week with morning exercises. Some weeks bring together 16 attendees.

The Aquanauts have commenced their weekly water aerobics programme with their first day starting on 22nd of September. Michelle brought along all her toys so our anxious residents could get involved.

Maureen, Maree, Brian, Noel, Judy, Michelle and Gwenneth, faced a 28 degree water temperature in the pool which was a warmer compared to the cooler 21 degrees outside. All the Aquanauts were really getting a workout.

We have many wonderful programmes here at Con Noi that every resident can join in. This includes Majong every Tuesday that brings together one to two tables of keen players.

There is 1 three bedroom apartment for sale and 2 two bed apartments remaining. For further information, you can give Allen a call on (07)3843 4735 or mobile on 0418 588 468 to make an appointment or check out our web page connoi.com.au.



Until next time.
Cheers from Allen.

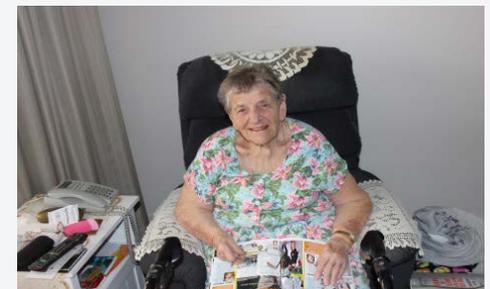
Cheers!



Lousia & Mario



Ian & Marjorie



Val



Helen & Jim



Bruce Collins with the Heart Fit Exercise Class



Aquanaut's lined up!



Majong: with Judy, Oriel, Claire & John



Michelle leading the group through the exercise

WHAT HAPPENED THIS MONTH IN HISTORY



1908 - Henry Ford's Model T, a "universal car designed for the masses, went on sale for the first time.



1957 - The Space Age began as the Russians launched the first satellite into orbit. Sputnik I weighed just 184 lbs. and transmitted a beeping radio signal for 21 days. The remarkable accomplishment by Soviet Russia sent a shockwave through the American political leadership resulting in U.S. efforts to be the first on the moon.



1950 - The comic strip Peanuts by Charles M. Schulz is first published.



1917 - Battle of Beersheba: Australian 4th Light Horse Brigade launches last cavalry charge in modern warfare to capture Beersheba from the Ottoman Turks.

October Birthdays -

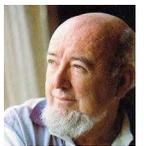
1935 - Julie Andrews, British actress and singer (Sound of Music, Mary Poppins), born in Walton-on-Thames, Surrey.



1910 - Bonnie Parker, American outlaw of Bonnie and Clyde fame, born in Rowena, Texas.



1935 - Thomas Keneally - Australian writer, best known for Schindler's Ark later to become the Academy Award winning movie Schindler's List, named an Australian National Living Treasure, Miles Franklin Award (1967, 1968).



1939 - Paul Hogan - Australian actor (Crocodile Dundee film series, Anzacs, Lightning Jack).



SNEAK PEAK!

Hello all,

What an amazing response to our potential staff information sessions with over 200 people turning up. Over the last three weeks we have interviewed 120 applicants for various positions. This process involved individual interviews and group activities and scenarios to ensure that we had a comprehensive view of each recruit and we are able to select staff who will deliver person-centred care within our P.E.R.S.O.N. philosophy. This was an exhaustive process with managers from our other Vacenti homes assisting and Trudy, from our corporate office, having the extensive task of checking references.

We have commenced employing some of our key personal so I thought that every month in this newsletter would I would feature anew one. The one who I will share with you this month is our Hotel Services Coordinator, Steven Lazzarini. Steven has over thirty years experience in the food and hospitality industry and has been at Vacenti's Marebello for the past 18 months as Chef Supervisor. Steven will be responsible for all hotel services on site including catering, cleaning and laundry and, with his exceptional people skills, will be an asset to Portofino.

We are now scheduling deliveries and installation of equipment and applying for the necessary licenses to operate. The main kitchen is progressing well. I am sure that Steven can not wait to start planning in the new kitchen. Also, please see the photo of the café nearing finalisation, it will be the perfect place to meet a loved one for a cup of tea, slice of cake or just a catch up. On the deck outside the café area, there will be a building a men's shed, this will be a great area for the men to enjoy making or fixing items and have a chat.

For those of you on our mailing list, you will receive a request for more information about your enquiry. Once we have this back we will be scheduling some information sessions and sending invitations. If you are not on this list but wish to receive information, please email your contact details to info@portofino.com.au.



Cafe "Caffino" nearing completion



Kitchen fitout



Kitchen fitout



Kitchen fitout



Steven Lazzarini
- Hotel Services
Coordinator



Construction of the new Men's Shed



Until next month, Ciao,
Ian Byron
Manager – Portofino

News from the Quality Team

The Quality Team continue to work on a number of initiatives including the resident satisfaction survey to be distributed in October, new Summer Menu, supporting the Griffith University students clinical placement, visiting the homes and assisting with various Portofino activities leading into the final stages of development.

Can We Improve Your Experience?

In October we would encourage you to complete the resident satisfactory survey. In gathering your feedback it will assist us to work with you to meet your needs and reach your goals. "Can we Improve your Experience" will be distributed in early October and we would appreciate your assistance in completing the survey by the end of October.

Once you have completed the survey, can you please place them in the mail box or give to a staff member who will place them in the mail box for you. Your responses will be collated by the Quality Team and your identity will be kept anonymous. We look forward to sharing with you the results of the survey. We aim to provide consistent and excellent services which ensure you are content, safe and satisfied every day; all day and in everything we do to assist you to live life to the fullest.



Quote from Rachel Naomi Remen.

"Everybody is a story. When I was a child, people sat around kitchen tables and told their stories. We don't do that so much anymore. Sitting around the table telling stories is not just a way of passing time. It is the way the wisdom gets passed along. The stuff that helps us to live a life worth remembering."

Care in Partnership

When a person comes to live in a Vacenti residence, the role of family members and friends is vitally important to maintain the person's connection to you and as well as connection to us. We understand that, as close family members or friends, you will want to continue to actively contribute to the care and wellbeing of your loved one. Sometimes it might be hard for you to know what to do when you visit your loved one, especially if they are very ill. Here are a few suggestions when you visit.

- Hand massage
- Apply moisturiser
- Read a letter
- Comb the person's hair
- Take for a walk in the sun
- Assist to give a drink (if safe to do so)
- Share a meal at lunch or dinner
- Accompany your loved one to activities that are being held at the residence and join in the fun
- Check with staff if more clothing or toiletries are needed
- Take home unused clothing or clothing that no longer fits
- Bring in a flower out of your garden or a photo

Every little thing that you can do will help to enhance the life of your loved one. We absolutely encourage you to help us to care for your loved one if you are able to do so. Please ask staff how you can help and what you can do to.

the
quality team




Spring is most definitely here and there and we are blossoming in the training and development space at Vacenti.



We welcomed 25 undergraduate 1st year nursing students from Griffith University who were placed across all sites this month. I would like to extend a huge thank you to those experienced Registered Nurses who facilitated this placement experience and also to those care staff who buddied these students throughout their 1st nursing placement. We truly value our industry stakeholder relationships and are passionate about providing a positive placement experience for nursing students in Aged Care.

Vacenti MAX our new electronic Learning Management System will "go live" on the 2nd October. This will provide employees with many opportunities for continuous professional development and training. Vacenti encourages staff excellence and continuous improvement by providing employees with learning and development opportunities.



This platform will ensure that flexible professional development opportunities are available to enhance staff skills and career progression.

Furthermore, I am excited to advise all Registered Nurses of a wonderful scholarship opportunity, which is now available through the University of Tasmania. The University of Tasmania and Vacenti have partnered together to offer a selection of Postgraduate Nursing qualifications on a scholarship basis to Vacenti Registered Nurses. This is an amazing opportunity for Registered Nurses who wish to pursue post-graduate study. For further information please refer to the advertisement below or visit the website link.



Until next time,
Melissa Blakemore RN MACN
Training Facilitator



Vacenti Scholarship Program for Registered Nurses

Postgraduate scholarship places now available

The University of Tasmania and Vacenti have partnered together to offer a selection of Postgraduate Nursing qualifications on a scholarship basis to Registered Nurses employed with Vacenti.

As a Registered Nurse and an employee of Vacenti, you can receive a scholarship when studying courses in Transition to Practice, Gerontological Nursing, Quality and Safety, or Clinical Leadership.

The University of Tasmania's postgraduate nursing courses are designed for practicing nurses who would like to further their existing skills or specialise in a particular field, and are suitable for nurses in various stages of their career.

For more information on the courses available, or to apply, visit utas.edu.au/health/Vacenti



*subject to eligibility, see website for details. CRICOS Provider Code: 00586B

NEW FUN SPACE

Here's a place to display any fun or unusual things! Request a spot before the end of the month to have your message shown! * Subject to content & availability

Email Tiffany with your 'public announcement' ready for the November issue. [Deadline -Thur 26 Oct 17] Contact: tiffany.hartwig@vacenti.com.au

FUN FACT / JOKE

A panda walks into a bar and gobbles some beer nuts. Then he pulls out a gun, fires it in the air, and heads for the door. "Hey!" shouts the bartender, but the panda yells back, "I'm a panda. Google me!" Sure enough, panda: "A tree-climbing mammal with distinct black-and-white coloring. Eats shoots and leaves."

A special thanks to Pamela Schulz from Lorocco who submitted her poem. What a wonderful piece!

If you would like something of your own published in our newsletter, ask the facility manager to get in contact with Tiffany today!

VOLUNTEERS

Volunteering at Vacenti is an opportunity to share your interests, skills and passions with our residents and staff. We deeply value your time and how it enables our residents to connect with the broader community.

MEMORABILIA

Like taking a trip down memory lane? So do we! If you have something you would like to share, we would love to display it here! Contact your Facility Manager to organise it today!

JOKES!

A woman called our airline customer-service desk asking if she could take her dog on board.

"Sure," I said, "as long as you provide your own kennel." I further explained that the kennel needed to be large enough for the dog to stand up, sit down, turn around, and roll over.

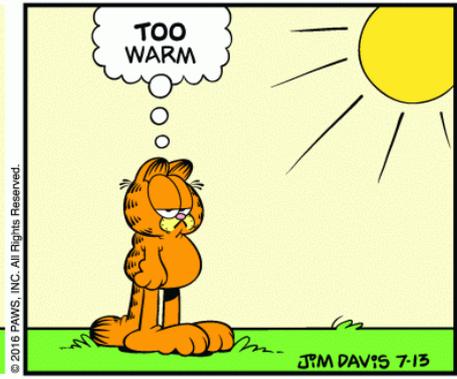
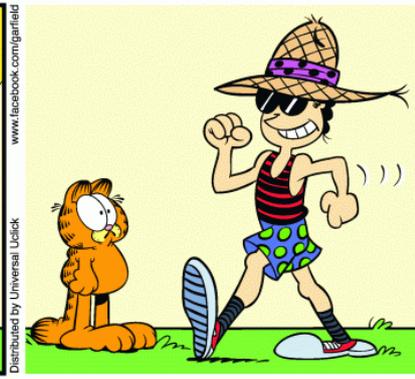
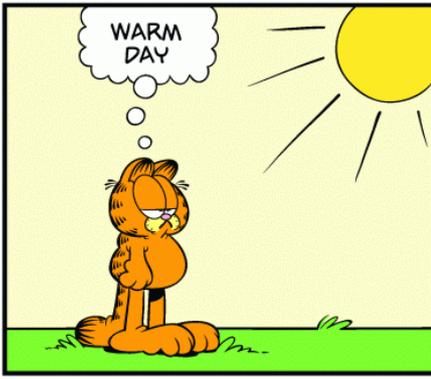
The customer was flummoxed: "I'll never be able to teach him all of that by tomorrow!"

POET'S CORNER

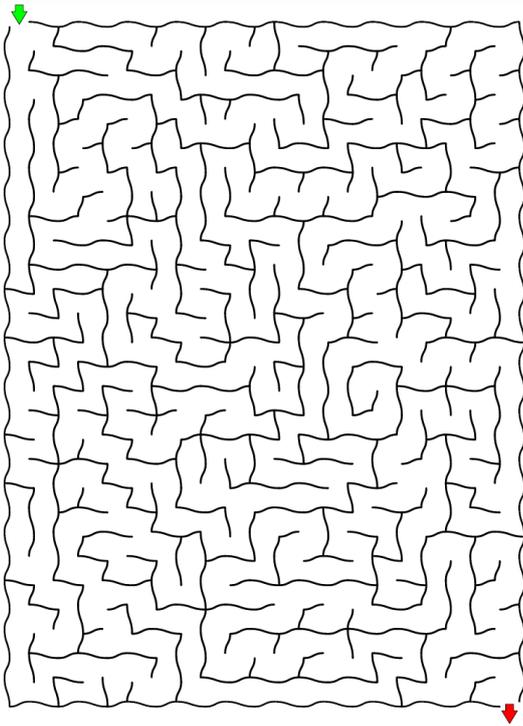
Oh! Arabia!

Oh! Arabia!, Arabia! — how I loved you so. . .
 I close my eyes and think of you — and in my mind I go
 To visit your exotic shores and be with you once more...
 And my mind's eye shows me pictures of a land I still adore.
 My mind's eye takes me walking, along the Red Sea just on
 dusk,
 And I watch once more that sunset and smell the scent of
 musk.
 For as I walk along the shore — I meet friends draped in
 black.
 And it fills my heart with yearning — yearning to go back.
 I often think of friends — the ones we left behind. . .
 And it fills my heart with sadness — and my eyes are
 temporarily blind
 For tears they spring into my eyes and I cannot see a thing
 And I wonder if the memory will ever lose its sting.
 I relive all the good times — yes, even all the bad,
 And we had a few of those — and still I feel so sad.
 My mind's eye takes me walking — through old Jiddah in the
 heat
 And my sandals fill with dirt and dust and dirty up my feet.
 I go walking through that ancient souk — inhale and give a
 sigh.
 For the scent of all those spices, always sent me on a high.
 I know the souk is grubby, and the heat is quite surreal . . .
 But the magic of the souk for me — will never lose appeal.
 I think about our little cat, we had to leave behind . . .
 Thoughts of my ginger cat (called Blue) — play heavily on my
 mind.
 I had left her in good hands — but I couldn't say "good-
 bye" . . .
 I left her with a friend — then I fled away to cry.
 Yes, Arabia my lovely, I'll visit you once more —
 Please stay safe meanwhile and steer away from war!
 You'll always have a corner, tucked away within my heart . . .
 And I'll ne'er forget the wrench I felt — the day we had to
 part.

 Pamela Schulz



Intermediate Mazes
Book 1, Maze 2



Sudoku #2 (answer page 4)

8								3
5			8			7		4
							6	
	6		9	8		1		
		7				4		
		8		6	1		9	
	5							
3		2			4			8
1								5

M	A	P	L	E	T	R	E	E	Z	B	J
L	W	G	P	A	V	Y	E	L	L	O	W
O	B	J	U	P	E	Y	F	H	G	S	Z
R	X	K	M	P	G	O	D	A	E	J	P
A	E	C	P	L	E	C	L	R	E	B	E
N	C	H	K	E	T	T	E	V	S	R	A
G	O	I	I	S	A	O	A	E	E	O	R
E	L	L	N	E	B	B	V	S	X	W	X
K	O	L	H	R	L	E	E	T	N	N	M
V	R	Y	A	E	E	R	S	R	I	C	E
X	S	X	Y	D	S	S	C	H	O	O	L
C	S	W	E	A	T	E	R	F	A	L	L

- apple
- geese
- October
- rice
- brown
- harvest
- orange
- school
- chilly
- hay
- pear
- sweater
- colors
- leaves
- pumpkin
- vegetables
- fall
- maple tree
- red
- yellow



What animal migrates in fall?

How is the weather in fall?

www.bogglesworldesl.com