

Casa D'amore - Lifestyle Program

Monday	2 October 2017
Queen's Birthday	
Tuesday	3 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Bus Trip 1 (See Poster for details)
1:30	Circle of Men - Promenade Bar Level 1
3:00	Movie/Documentary - Media Room Level 2
Wednesday	4 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Creative Arts - Activity Room Level 3
1:30	Bocce - Media Room Level 2
3:00	Word Games - Library Level 1
Thursday	5 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Armchair Travel - Lounge Level 3
1:30	Bocce - Library Level 1
3:00	Movie/Documentary - Media Room Level 2
Friday	6 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Sing-a-long - Media Room Level 2
1:30	Bocce - Library Level 1
2:30	Visiting Dog "Starter"
Saturday	7 October 2017
9:30	Memory Lane (Favourite Recipes) Lounge Lv 2
11:00	Happy Hands - Library Level 1
1:30	Hoy - Activity Room Level 3
Sunday	8 October 2017
11:00	Memory Lane (Best Party) Lounge Lv 3
1:30	Cooking with the Girls - Dining Hall Lv 3
3:00	Movie/Documentary - Media Room Level 2

Monday	9 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Scrabble - Activity Room Level 3
1:30	Exploring the Internet - Lounge Level 2
3:00	Walking Club - Dining Hall Level 1
Tuesday	10 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Anglican Church Service - Media Room Level 2
1:30	Circle of Men - Promenade Bar Level 1
3:00	Movie/Documentary - Media Room Level 2
Wednesday	11 October 2017
9:15	Bus Trip 2 - Mt Gravatt Café (Morning Tea Trip) (See Poster for details)
1:30	Bocce - Activity Room Level 3
3:00	Word Games - Media Room Level 2
Thursday	12 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Creative Arts - Library Level 1
1:30	Bingo - Dining Hall Level 2
3:30	Music Concert - Dining Hall Level 3
Friday	13 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Reading Corner - Lounge Level 3
1:30	Bocce - Media Room Level 2
2:30	Visiting Dog "Starter"
Saturday	14 October 2017
9:30	Choir Practice - Activity Room level 3
11:00	Happy Hands - Media Room Level 2
1:30	Darts - Lounge Level 1
Sunday	15 October 2017
10:00	Catholic Communion - Media Room Level 2
1:30	Knitting Club - Library Level 1
2:45	Movie/Documentary - Media Room Level 2

Monday	16 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Scrabble - Library Level 1
1:30	Exploring the Internet - Lounge Level 3
3:00	Walking Club - Dining Hall Level 2
Tuesday	17 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Bus Trip 3 (See Poster for details)
1:30	Circle of Men - Promenade Bar Level 1
3:00	Movie/Documentary - Media Room Level 2
Wednesday	18 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Creative Arts - Media Room Level 2
1:30	Bocce - Library Level 1
3:00	Word Games - Activity Room Level 3
Thursday	19 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Armchair Travel - Lounge Level 1
1:30	Bingo - Dining Hall Level 3
3:00	Movie/Documentary - Media Room Level 2
Friday	20 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Sing-a-long - Media Room Level 2
1:30	Bocce - Activity Room Level 3
2:30	Visiting Dog "Starter"
Saturday	21 October 2017
9:30	Memory Lane (Driving Holiday) Lounge Lv 1
11:00	Happy Hands - Activity Room Level 3
1:30	Quoits - Lounge Level 2
Sunday	22 October 2017
11:00	Memory Lane (Childhood Heros) Lounge Lv 1
1:30	Laughter Therapy - Lounge Level 1
3:00	Movie/Documentary - Media Room Level 2

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Movies / Documentaries	
3	Paula & New Caledonia (53min)
5	Baltic Coasts - Forests & Lakes (52min)
8	NEW - Going in Style [Morgan Freeman] (96min)
10	Sri Lanka & Seychelles (53min)
15	It's a Wonderful life (129min)
17	Master Crafts - Stained Glass (59min)
19	Oman & Laos (53min)
22	Under the Tuscan Sun (108min)
24	Baltic Coasts - The Reborn Gems (52min)
26	Indonesia & Philippines (53min)
29	Bonnie and Clyde (106min)
31	Baltic Coasts - Hidden Treasures (52min)
Outings	
Bus Trip 1 - Tuesday 3rd October (12-1pm) Anna Kho & the String Kho-tet - Showcasing unique arrangements of classical and jazz pieces (marimba and vibraphone). Bookings and payment essential for transportation by Friday 29th September 2017. See Shebby at the reception (\$8.00).	
Bus Trip 2 - Wednesday 11th October (9:15-1130am) Mount Gravatt Lookout Cafe - Morning tea & great views (Additional fees will apply - see poster for details). Bookings and payment essential for transportation by Friday 6th October 2017. See Shebby at the reception (\$8.00).	
Bus Trip 3 - Tuesday 17th October (12-1pm) David de Vito: An entree with the singing chef (Opera singer from Australia's Got Talent 2011). Bookings and payment essential for transportation by Friday 13th October 2017. See Shebby at the reception (\$8.00).	
Bus Trip 4 - Tuesday 24th October (12-1pm) Gin & Sin Salon - A serve up sinfully fun jazz classics, Holly Go lightly lets loose Mad Men-style and the Andrew Sisters perform AC/DC. Bookings & payment essential for transportation by Friday 20th October. See Shebby at the reception (\$8.00).	

Monday	23 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Scrabble - Media Room Level 2
1:30	Exploring the Internet - Lounge Level 1
3:00	Walking Club - Dining Hall Level 3
Tuesday	24 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Bus Trip 4 (See Poster for details)
1:30	Circle of Men - Promenade Bar Level 1
3:00	Movie/Documentary - Media Room Level 2
Wednesday	25 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Creative Arts - Activity Room Level 3
1:30	Bocce - Media Room Level 2
3:00	Word Games - Library Level 1
Thursday	26 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Resident Meeting - Media Room Level 2
1:30	Bingo - Dining Hall Level 3
3:00	Movie/Documentary - Media Room Level 2
Friday	27 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Reading Corner - Lounge Level 1
2:15	Visiting Dog "Starter"
3:00	Happy Hour - Dining Hall Level 2
Saturday	28 October 2017
9:30	Choir Practice - Activity Room level 3
11:00	Happy Hands - Library Level 1
1:30	Hoy - Activity Room Level 3
Sunday	29 October 2017
11:00	Memory Lane (Favourite Pet) Lounge Lv 2
1:30	Knitting Club - Media Room Level 2
3:00	Movie/Documentary - Media Room Level 2

Monday	30 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Scrabble - Activity Room Level 3
1:30	Exploring the Internet - Lounge Level 2
3:00	Walking Club - Dining Hall Level 1
Tuesday	31 October 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Bingo - Dining Hall Level 2
1:30	Circle of Men - Promenade Bar Level 1
3:00	Movie/Documentary - Media Room Level 2
Wednesday	1 November 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Creative Arts - Library Level 1
1:30	Bocce - Activity Room Level 3
3:00	Word Games - Media Room Level 2
Thursday	2 November 2017
9:30	Chair Exercise - Media Room Level 2
11:30	Bus Trip 1 - Boardwalk Café Manly (See Poster for details)
3:00	Movie/Documentary - Media Room Level 2
Friday	3 November 2017
9:30	Chair Exercise - Media Room Level 2
11:00	Sing-a-long - Media Room Level 2
2:30	Visiting Dog "Starter"
Saturday	4 November 2017
9:30	Memory Lane (Holiday Albums) Lounge Lv 3
11:00	Happy Hands - Media Room Level 2
2:00	100th Birthday Afternoon Tea - Dining Hall Lv 3
2:30	Music Concert - Dining Hall Level 3
Sunday	5 November 2017
10:00	Catholic Communion - Media Room Level 2
1:30	Laughter Therapy - Lounge Level 3
3:00	Movie/Documentary - Media Room Level 2